

BAOHSF/EEN: Healthy Workplaces for All Ages – Promoting a Sustainable Working Life – Bradford, 24 Oct 2017

Bradford Occupational Health & Safety Forum (BAOHSF) and European Agency for Safety and Health at Work (EEN) are in partnership in presenting the following **FREE** health and safety event.

Date and Location

- Tuesday 24 October 2017 – 9.30am for registration and refreshments – 1pm finish
- City Hall, Centenary Square, Bradford BD1 1HY

Event overview

Organisations of all sizes and sectors, public or private, as well as individuals, are welcome to join us for inspirational case studies from the public & private sector, sharing good practice and facts & figures from national bodies.

- 9.30-9.50 – Registration & Refreshments
- 9.50-10.00 – Introductions
- 10.00-10.30 – The Multigenerational Workforce (by Sheffield Occupational Health Advisory Service)
- 10.30-11.00 – Tackling Workplace Stress to enable Sustainable, Healthy Working Lives (by the Health & Safety Executive)
- 11.00-11.30 – Break & Refreshments
- 11.30- 12.00 – Case Study: Promoting the Health, Safety and Wellbeing of an Ageing NHS workforce
- 12.00-12.30 – Case Study by Yorkshire Water
- 12.30-12.40 – Questions & Answers
- 12.45 – Close

Further information and booking

For further information and online booking visit the '[Healthy Workplaces for All Ages – Promoting a Sustainable Working Life](#)' web page.

HSL: Manual Handling for Assessors –

Buxton, 31 Oct 2017

[Book Course](#)

HSL is to run a 1 day course on Manual Handling for Assessors.

31 October 2017

Introduction

Manual handling is one of the main causes of musculoskeletal disorders (MSD), which are the second most common occupational injuries within the UK and make up nearly half of all work-related ill health seen by general practitioners (GPs) are MSD related. The most recent HSE statistics on MSDs show a 20% increase in MSDs with **184,000** new cases (2013/14), around 80 per cent of which are attributable to work conditions.

Prevention and control of work-related musculoskeletal disorders (MSD) is a major priority and as such HSE have published a simple but effective risk assessment method called the MAC tool. This enables risk identification of key manual handling risk factors so that these can be eliminated or managed in the most cost effective way.

This course will equip you with the knowledge to help recognise, assess and reduce manual handling risks in your organisation. It is suited to employers and employee representatives who intend to begin the process of manual handling risk assessment and control within their companies. It will also benefit those already involved in manual handling risk reduction who require more formal or in-depth training in this subject, including training in the use of specific manual handling assessment tools.

The course will cover:

- Principles of manual handling
- Understanding injuries
- Common types of injuries
- Legal aspects
- Key risk factors
- Manual handling risk assessment (MAC and L23)
- Pushing and pulling
- Control and reduction of risk
- Key principles of good handling techniques
- Case studies

Presenters include:

- Matthew Birtles, HSL – Ergonomics specialist in MSDs

Venue

The course will be run at the HSL laboratory in the spa town of Buxton. Buxton is in the heart of the Peak District and has good links to mainline train stations and Manchester International Airport.

Details of hotels in the Buxton area can be found at www.visitbuxton.co.uk

Cost

The cost of this course is £450 per person (includes course notes, lunch and refreshments).

[Book Course](#)

Please note the invoice option is not available within 4 weeks of the course date, or for overseas customers. If you are selecting the invoice option for payment, it will be mandatory to input a purchase order/reference number as we are unable to process booking forms without this.

For further dates and additional information email: training@hsl.gsi.gov.uk or contact the Training & Conferences Unit at HSL directly on +44 (0)1298 218806.

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[Workplace Health Expert Committee Open Meeting – Glasgow University, 10 Oct 2017](#)

Name Workplace Health Expert Committee
This Community has been established to provide a work space for the WHEC, which is visible to, and accessible by, all of HSE's stakeholders.

Privacy The community is visible to anyone.

Managers whec-manager@webcommunities.hse.gov.uk

Recruitment of trainee health and safety inspectors awareness event

HSE is running a number of awareness events in June. Find out about what it takes to become a trainee inspector – come and meet some of our current inspectors and recruitment colleagues between 11.00am and 4.00pm at the locations below;

Dates and locations

Introduction

Our inspectors are the frontline of HSE's life saving work. Whether on a construction site, a farm or at a manufacturing plant, millions of workers come home safe and well because of the difference our regulators make.

From inspecting workplaces to investigating incidents, our people do some of the most important and rewarding work in government. You will play a big part in helping employers manage risk sensibly and proportionately, and Great Britain to work well.

As a health and safety inspector, no two days are the same – and every workplace you visit will be different, as will the people you'll meet.

Your workplace could be in the office, out on site or in court presenting evidence. And because the work is so important, we make a big investment in developing your regulatory skills, knowledge and abilities.

Our two year [trainee regulatory programme](#) is unique to HSE, resulting in a post graduate qualification and a substantial pay increase as a qualified health and safety regulator.

You can make a difference to how Britain works with HSE.

Who should attend?

The events are aimed at people interested in a job with real-world impact that makes workplaces safer and improves the health and well-being of the people who work there. We're interested in speaking with degree qualified (2:1 or higher) individuals who will enjoy the variety and challenge of this rewarding role.

Cost

Free.

For more information, please visit careers.hse.gov.uk.

HSL: Display Screen Equipment (DSE) Risk Management – Buxton, 6 Sept 2017

Book Course

HSL is to run a 1 day course on Display Screen Equipment (DSE) Risk Management.

6 September 2017

HSL is to run a 1 day course on DSE management (including office risk assessment and risk management of mobile device).

Introduction

Display screen technology, such as computers, laptops, smartphones and tablet PCs are common in all aspects of our lives. Our exposure to these devices continues to increase, with reported levels of up to 9 hours per day spent consuming media on a display screen device. While the musculoskeletal (MSD) risks from such device are relatively low, the increased exposure does mean that the effects of preventable risks such as poor or fixed postures can accumulate and lead to problems. HSE statistics (2014/15) indicate that 44% of cases of work related illness involves MSDs, which result in 40% of working days lost. Data from the general practitioners scheme (THOR-GP) suggests that “keyboard work” are significant contributors to both lower back and upper limb disorders.

This course, delivered by experienced HSL ergonomists, will provide you with an understanding of DSE risks and approach to risk management and with the documentation to provide your employer with risk assessments. The course covers the key elements for office DSE risk assessment and management and provides the information and techniques required to enable anyone to become a DSE assessor. We also discuss risk management for less common DSE issues such as hot-desking and dual screens, and mobile technology such as tablet pcs, smartphones and laptops. Guidance on how to set up a computer workstation in the office is mirrored for home activity or when you are on the move with DSE.



The course will cover:

- Why DSE? Legal, moral, financial reasons
- How do we get injured
- What's the best posture
- Achieving good posture at the workstation
- Alternative pointing device
- Practical assessment
- Break requirements from DSE
- Mobile DSE risks and risk management

Who should attend?

The course will be most beneficial for health and safety providers, with limited knowledge / experience of DSE risk management who wish to become a DSE assessor. However, it will also be relevant to those who wish to update or consolidate their knowledge and experience as a DSE assessor.

Venue

The course will be run at the HSL laboratory in the spa town of Buxton. Buxton is in the heart of the Peak District and has good links to mainline train stations and Manchester International Airport.

Details of hotels in the Buxton area can be found at www.visitbuxton.co.uk

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