

Harris Education and Recreation Association – new evening classes!

#dundeewestend

Here's details below of the Harris Education and Recreation Association new evening classes.

HERA enrolment night will take place in Harris Academy on Tuesday 24th April from 6pm.

HARRIS EDUCATION & RECREATION ASSOCIATION	ADDITIONAL INFORMATION	HARRIS EDUCATION & RECREATION ASSOCIATION
		 season 2 Spring 2018
DATES/TIMES Wednesday Evenings 6:30pm until 8:30pm Courses - 8 Weeks: 02 May - 20 June 2018 Pilates - 10 weeks: 04 Apr - 20 June 2018 except 18 Apr & 30 May Strictly limited places available Pilates - 45 minute session 5-5.45pm or 6-6.45pm, Blackness Library	NOTES <ul style="list-style-type: none">Classes will run at Harris AcademyDisabled access to all classesFees non-refundableMinimum age 16/18 appliesPayment by cash or chequePlease do not contact the schoolClasses subject to minimum numbers <p>For more information contact: liz.allardice@dundeecity.gov.uk 01382 435827 or heradundee@outlook.com</p> <p>https://heradundee.wordpress.com/</p>	 Evening Activity Programme Cookery Pilates Drawing & Painting Conversational German Photography  Find us on Facebook
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Conversational German

Lynne Topping has aimed this course at complete beginners, although also suitable for those who have studied German already, but have forgotten most of it! The emphasis will be on speaking, with time spent in conversation and practice of structure. Topics will include: talking about yourself and your family, daily routine, ordering food & drink, sports & hobbies, shopping for clothes, directions around town, travelling by train.

Cost £48



Pilates

Pilates, with Ali Henderson, is a fabulous full-body workout, gentle enough to be suitable for all ages and abilities yet really effective in strengthening the core and aiding both flexibility and balance. Improve your posture, ease your niggly back and boost your overall wellbeing in just 45 minutes a week for this 10 week class.

Cost £30, bring your own mat

PROGRAMME



Cookery

Whether you want to learn to cook, or further your culinary skills, Pamela Maddison welcomes you to her class. Recipes have been chosen to showcase different flavours that will take you on a global journey, preparing delicious food within an affordable budget. Recipes will be provided at enrolment.

Cost £51, bring your own ingredients



PROGRAMME

Drawing & Painting

Rod Smith's class topics will vary from landscape, dogs, dance, flowers, still life to portrait and figure studies. Acrylic is the most popular medium but watercolour, oil and chalk pastel are taught too. There is individual guidance with techniques, so that everyone develops their own style at a comfortable pace. Whether beginners or experienced, all are all welcome.

Cost £48, bring your own materials



Introduction to Photography

Kathryn Rattray is a contemporary lifestyle & reportage photographer. This photography course "The Art of Seeing" will take you on an exciting photographic journey. All you need is determination and a camera of any sort. Whether it's the latest SLR or your phone, you'll be amazed by what you can capture and learn in such a small space of time!

Cost £50, materials provided

PROGRAMME