

# Harris Education and Recreation Association – HERA new classes #dundeewestend

Here's the details of the upcoming evening classes from HERA – together with information about enrolment night – click on the images below to enlarge and also more details are available [here](#) :

HARRIS EDUCATION & RECREATION ASSOCIATION	ADDITIONAL INFORMATION	HARRIS EDUCATION & RECREATION ASSOCIATION
 <p><b>DATES/TIMES</b> <b>Wednesday Evenings</b> <b>6:30pm until 8:30pm</b></p> <p>Courses - 10 Weeks: 05 Sep - 28 Nov 2018 Exception of 10th, 17th Oct &amp; 14th November</p> <p>Pilates - 13 weeks: 05 Sep - 28 Nov 2018 Strictly limited places available</p> <p>Pilates - 45 minute session 5-5.45pm or 6-6.45pm, Blackness Library</p>	<p><b>NOTES</b></p> <ul style="list-style-type: none"><li>Classes will run at Harris Academy</li><li>Disabled access to all classes</li><li>Fees non-refundable</li><li>Minimum age 16/18 applies</li><li>Please do not contact the school</li><li>Classes subject to minimum numbers</li></ul> <p>For more information contact:</p> <p><a href="mailto:heradundee@outlook.com">heradundee@outlook.com</a> or 01382 435827</p>	 <p><b>Evening Activity Programme</b></p> <ul style="list-style-type: none"><li>Jewellery Making</li><li>Flower Arranging</li><li>Conversational German</li><li>Origami</li><li>Dress Making</li><li>Italian for Beginners</li><li>Crochet</li><li>Ballroom Dancing</li><li>Pilates</li><li>Drawing &amp; Painting</li><li>Photography</li><li>Knit and Natter</li></ul> 
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### Conversational German

Tutor Lynne Topping has many years experience of teaching adult evening classes in German, both at the University of Dundee and elsewhere. Class structure is very informal, based on paired group conversations. Topics covered include: Self & Family, Daily Routine, Free Time, Food, Socialising and Travel.  
Cost £54, bring a pen and paper

### Dress Making

Have your sewing machine skills become a little rusty, or you'd like to learn new technique? As a dressmaker for nearly 30 years, Ruth Alexander will guide you on projects from a tangle of threads to the perfect fit.  
Cost £80, basic resources provided. Bring your own sewing kit and machine

### Italian for Beginners

Maria Di Ponic - a qualified language teacher - has aimed this course at complete beginners and the basics of learning Italian for holidays. Class emphasis will be on speaking, role play, pronunciation and lots of practice with fellow students. By the end of the course you'll know the basics on many topics including numbers, introductions, travelling, restaurants and much more.  
Cost £54

### Pilates

Pilates, with Ali Henderson, is a fabulous full-body workout, gentle enough to be suitable for all ages and abilities yet really effective in strengthening the core and aiding both flexibility and balance. Improve your posture, ease your niggly back and boost your overall wellbeing in just 45 minutes a week for this 13 week class.  
Cost £39, bring your own mat

PROGRAMME

### Beginner's Flower Arranging

Paul, of Olly Bobbins Florists, has over 10 years experience in the trade. In these classes, he will share his expertise to help and guide you to develop the skill to make a buttonhole, a hand-tied bouquet and a Christmas wreath, amongst other floral delights.  
Cost £53, bring your own flowers

### Beginner's Jewellery Making

Shirley Lowe is both a successful tattoo artist and jeweller. Her basic classes will introduce simple techniques to quickly create unique pieces of jewellery from found objects and beads - such as beach glass, shells, your own beads or old jewellery - using cold connections made from a selection of wire. You'll take home a unique piece every week. By week 6 you'll feel confident to undertake a more complex piece.  
Cost £67, wire and beads provided

### Origami

Anne Watson of 'Dundee Origami' is back for another session to delight students with this intricate art. Using chiyogami papers, students will learn how to make a variety of models to take home each week, working towards creating their own masterpiece in traditional yuzen washi paper.  
Cost £72, materials provided

### Therapeutic Art of Crochet

Enjoy Ellie Fiddes' course covering all crochet basics with scope for learners to work at their own rate. You will progress to your own project, with expert tutor support on hand, as needed.  
Cost £45, includes resources

PROGRAMME

### Drawing & Painting for All Abilities

Learn drawing and painting techniques with local artist Rod Smith in a relaxed, supportive and sociable atmosphere - at your own pace - to background music. Create landscape, portrait or still life paintings to take home. Enjoy refreshments, visiting artists, demonstrations and discussions, too.  
Cost £54, bring your own materials

### Knit and Natter

Gillian Brown would like to share her love of knitting but also feels the social side is important too. Why not join her if you'd like to learn, or have experience to share. All welcome for a blether and a cuppa.  
Cost £10, bring your own pins and wool (if you don't have either just come along & we'll arrange these for you)

### Ballroom Dance for Beginners

Enjoy learning the basics of Ballroom and Latin American dancing with Alan and Linda Hood. The classes aim to cover all the well known traditional dances including: waltz, quickstep, foxtrot, cha-cha, tango and rumba in an easy to learn way. Walk in and waltz out! Bring along a partner and exercise whilst you learn. No experience necessary.  
Cost £52

### Introduction to Photography

Kathryn Raltray is a contemporary lifestyle & reportage photographer. With this photography course 'The Art of Seeing', you'll be amazed by what you can capture and learn in such a small space of time! All you need is determination and a camera whether the latest SLR or your phone.  
Cost £62, materials provided

PROGRAMME