

Harris Education and Recreation Association – enrolment



Harris Education & Recreation Association

The Harris Education and Recreation Association Spring 2019 classes enrolment takes place on Wednesday 16th January – 6pm to 7.30pm – at Harris Academy.

Further details are below :

<p>PILATES £30</p> <p>Pilates with All Henderson is a fabulous full body workout. Gentle enough to be suitable for all ages and abilities, yet effective in strengthening the core and aiding flexibility & balance. Improve your posture, ease your niggly back and boost your overall well-being. <i>Bring your own mat.</i></p>	<p>JEWELLERY £61</p> <p>Create jewellery in this basic class with Shirley Lowe, using found objects & beads and cold connections made from wire. Simple techniques will be covered each week. <i>All tools, wire & beads plus printed instruction sheets are included. Bring along your own objects if you wish & a notebook to jot down ideas/designs.</i></p>	<p>CROCHET £39</p> <p>Enjoy Ellie Fiddes' course covering all crochet basics for learners to work at their own rate. You will progress to your own project with expert tutor support on hand. This class provides a flexible framework for both complete beginners & those wanting to improve their existing skills. <i>Includes resources.</i></p>
<p>DRESSMAKING £51</p> <p>Have your sewing machine skills become a little rusty or you'd like to learn a new technique? As a dressmaker for nearly 30 yrs, Ruth Alexander will guide you on to projects from a tangle of threads to the perfect fit. <i>Basic resources provided. Bring your own sewing kit and machine.</i></p>	<p>PHOTOGRAPHY £53</p> <p>Arran Sulley will help beginners to take their images to the next level. No need for fancy cameras: dslr, point & shoot and phones are all welcome. Topics include: aperture & shutter priority, tripods, low light & studio lighting. The class is very informal with an opportunity for a small exhibition at the end of the course.</p>	<p>FLOWER ARRANGING £41</p> <p>Paul McFawns, of Olly Bobbins florists, has over 10yrs experience in the trade. In these beginners' classes he will share his expertise to help and guide you to develop the skill to make a buttonhole and a hand tied bouquet amongst other Spring floral delights. <i>Bring your own flowers.</i></p>
<p>CONVERSATIONAL GERMAN £51</p> <p>Tutor Lynne Topping has many years experience of teaching adult evening classes in German, both at the University of Dundee & elsewhere. Classes are informal, based on paired group conversations. Topics covered include: Food, Self & family, daily routine, socialising & travel. <i>Bring a pen and paper.</i></p>	<p>DRAWING & PAINTING £51</p> <p>Learn drawing & painting with local artist Rod Smith in a relaxed, supportive and sociable atmosphere - at your own pace - to background music. Create landscape, portrait or still life paintings to take home. Enjoy meeting visiting artists, demos and discussions too. <i>Bring your own materials.</i></p>	
<p>NOTES</p> <ul style="list-style-type: none"> * Classes will run at Harris Academy * Disabled access to all classes * Fees non-refundable * Minimum age 16/18 applies * Classes subject to minimum numbers * Please do not contact the school <p>Contacts & info at: heradundee@outlook.com 07565 951612 www.heradundee.wordpress.com</p>		<p>DATES/TIMES</p> <p>Classes run Wednesdays 6.30 - 8.30pm 8 wks: 6th February - 27th March 2019. Flower Arranging not running on 13th February & 27th March (6 wk block).</p> <p>Pilates runs at Blackness Library. 10 wks: 23rd January - 27th March 2019 Two classes: 5 - 5.45pm & 6 - 6.45pm</p>

