

Harris Education and Recreation Association – Autumn programme

#dundeewestend

Harris Education and Recreation Association has an excellent Autumn programme of evening classes starting in September – details below or click [here](#) for a more readable version.

Enrolment night is at the school on 31st August from 6pm to 7.30pm :

PROGRAMME

Chinese for Beginners
Learn practical expressions in Chinese and learn about the mysterious Chinese culture with Ye Li of the Dundee Chinese School. The course will cover practical conversation for daily life, reading and writing the 50 most used Chinese characters, pronunciation and students will explore interesting aspects of Chinese culture. Cost £46.

Introduction to Photography
Kathryn Rattray is a contemporary lifestyle and reportage photographer. This photography course "The Art of Seeing", will take you on an exciting photographic journey. All you need is determination and a camera of any sort. Whether it's the latest SLR or your phone, you'll be amazed by what you will capture and learn in such a small space of time! Cost £57, materials provided.

'Less is More' Pilates
Sarah Wickens will lead the class, helping to put your bones in their rightful place and asking your muscles to do the job they were designed to do. The class is suitable for all levels as Sarah will encourage each participant to find their unique capability and mind/body connections. Pilates runs on a Wednesday for 45 minutes from 6:30pm and 7:30pm in the activity room, Blackness Library. Cost £25, bring your own mat.

PROGRAMME

The Therapeutic Art of Crochet
Enjoy learning modern crochet in a relaxing, friendly environment. A complete beginner or with existing skills, Ellie Fiddes will show you how to read patterns and diagrams, use modern techniques, experiment and gain the confidence to continue to develop skills beyond the class. Flexibility to work on what you want to, at your own pace, is built in. Cost £56, materials provided.

HERA

Ballroom Dancing for Beginners
Enjoy learning the basics of Ballroom and Latin American dancing with Alan and Linda Hood. The classes aim to cover all the well known traditional dances including: waltz, quickstep, foxtrot, cha-cha, tango and rhumba in an easy to learn way. Bring along a partner and exercise while you learn. No experience necessary, walk in and waltz out! Cost £60.

Please Note: This course runs from 06/09/2017 - 20/09/2017, then has a 4 week break, restarting 25/10/2017 - 06/12/2017.

PROGRAMME

Foods of the World - A Foody Adventure
Whether you want to learn to cook or further your culinary skills, Pamela Maddison welcomes you. Recipes have been chosen to showcase different flavours that take you on a global journey, preparing delicious food within an affordable budget. Cost £62, recipes provided at enrolment, bring your own ingredients.

Beginners Origami
Learn the intricate art of Origami with Anne Watson. Using chiyogami papers, students will learn how to make a variety of models to take home each week. Students will work towards creating their own origami canvas masterpiece using traditional yuzen washi paper. Cost £62, materials provided.

Life Drawing
Each week participants will create drawings of the model from different poses. Some weeks the pose will last for the whole night, other evenings there will be a few different poses. Participants will be encouraged to use a range of materials, including charcoal, chalk pencil and pastels. For some of the time the focus will be on portrait drawing. Participants will be provided with a materials list at enrolment. Cost £57.

PROGRAMME