

# Free orienteering session on Sunday! #dundeewestend

There's a free orienteering session on Sunday – 20th March – at Lochee Park and Balgay Park.

Details below ...

# ORIENTEERING DUNDEE

*Adventure on  
your Doorstep!*

REGISTER  
HERE

SUNDAY 20TH MARCH, 11:00AM – 12:00 NOON  
Lochee & Balgay Park, enter by Ancrum Road



## WHAT IS IT?

Orienteering is an exciting outdoor adventure sport that exercises the mind and body outdoors, using special maps to navigate.

## WHO IS IT FOR?

Anyone! Orienteering is suitable for all ages and fitness levels. You can walk or run – it's up to you.

**Come and give it a try at this free event!**

