

Free exhibition at Kowloon Park to introduce organic planting at home (with photos)

To arouse public interest in horticulture and to enhance awareness of greening, the Leisure and Cultural Services Department will hold a horticulture education exhibition entitled "Organic Planting at Home" and related activities this weekend (November 3 and 4) from 10am to 4pm at the Arcade of Kowloon Park. Admission is free.

Organic planting is growing plants without chemical pesticides and fertilisers or genetically engineered materials. Instead, organic practices are adopted to control pests and diseases, as well as to maintain soil fertility.

Members of the public can easily grow plants organically at home. Some plants can be easily grown with just adequate sunlight and water. Even apartments in high-rise buildings can be suitable homes for plants, as long as there are well-lit spots in the flat. A windowsill, a balcony and a rooftop are all lovely places for planting to add a splash of green to the home.

Organic produce will likely have lower concentrations of synthetic chemical residues, so eating organic food is a way to reduce the intake of pesticide residues and additives. Fruits and vegetables grown at home can be eaten or used in drinks. There are also herbs that can be used for making tea and as seasonings.

Some herbs are fragrant plants that emit aromatic compounds. Herbs dried under the sun or in the oven can be put into sachets to improve indoor air quality. Potted fruit and vegetable plants can also be used for decoration.

Descriptive display panels will enable members of the public to learn more about the methods and benefits of organic planting at home. Game stalls will be set up and visitors can also enjoy the fun of pot planting under the guidance of horticulture instructors.

Two talks in Cantonese entitled "Organic Farming" and "Organic Planting at Home" will be held at the Secondary Hall of Kowloon Park Sports Centre. Admission tickets are required and are now being distributed for free at the Green Education and Resource Centre in Kowloon Park.

For enquiries, please call 2723 6042 or 2723 6767 or visit www.lcsd.gov.hk/en/green/gerc/activities/exhibitions.html.

