

# Festive Friends

Details of how you can help the Dundee United Community Trust with its excellent 'Festive Friends' support over Christmas :



## HELP US TACKLE POVERTY, LONELINESS AND ISOLATION THIS CHRISTMAS

*MEALS, GIFTS & FOOD PARCELS DELIVERED ON 22, 23, 24 DEC*

*MEALS, GIFTS AND ENTERTAINMENT AT TANNADICE PARK ON 25 DEC*

### HOW YOU CAN HELP

- ◆ **Volunteer your time** - we need help preparing deliveries, wrapping gifts and making deliveries from 20-24 December and we need support on Christmas Day too (times tbc).
- ◆ **Make referrals to us** - let us know of people who would benefit from our services.
- ◆ **Make a donation** - we are seeking donations of long life food items and gifts for people of all ages. A full list of suggested items can be found on our website. All cash donations will go towards purchasing food and gift items.



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