

# Everyday Packs

## DUNDEE VOLUNTEER & VOLUNTARY ACTION

### 'EVERYDAY PACKS'



Each pack will contain 1 small bottle of hand sanitiser and 1 re-usable washable face mask or 5 disposable masks.

Packs are intended as a helping hand until you are in a position to get additional supplies in.

Are you:

- aged 55+
- socially isolated
- digitally excluded
- your general wellbeing will be improved as a result of receiving this.

**To make a referral/self referral please contact:**

**Shirley on [skyles@number10.org](mailto:skyles@number10.org) or  
Georgie-Ann on 01382 305721 (10am - 1pm only)  
Dial OP can also be contacted on 01382 305757**

This partnership project with Dundee Community Transport, Grey Lodge Settlement, HOPE (Helping Older People Engage) and GetLocalSupport.org volunteers has been made possible due to funding received from the Big Lottery Supporting Communities fund.



Dundee Volunteer and Voluntary Action is a Registered Charity (No SC000487) and a Company Limited by Guarantee (No SC093088) Registered address: 10 Constitution Road, Dundee DD1 1LL

Thanks to funding received from the Big Lottery Supporting Communities Fund Dundee Volunteer and Voluntary Action has been able to support a really good project for Dundee's older people.

Working in partnership with Dundee Community Transport, HOPE – Helping Older People Engage, Grey Lodge Settlement and volunteers from GetLocalSupport.org it has put together 'Everyday Packs' for distribution to the older people's community in Dundee.

The Everyday Packs will contain a small bottle of hand sanitiser and either a reusable washable face mask or 5 disposable masks.

These packs are for those who are:

- aged 55+
- socially isolated – so who don't have any support networks in place that can get these items for them
- digitally excluded – so are unable to purchase them online themselves
- whose general wellbeing will be improved as a result of receiving this

We know that older people who have been shielding and who haven't been out the house for the past 15 weeks are concerned about going into a shop to purchase a mask and hope that this will be able to alleviate some of their concerns. These packs are designed as a helping hand to enable older people to get out safely in the first place.

Given the Scottish Government's instruction that everyone is to wear a face covering in all shops from 10th July, referrals have been accepted from Monday 13th July and packs will be delivered approximately 1 week after applying.

If interested, please contact Shirley by email on [skyles@number10.org](mailto:skyles@number10.org) or call Georgie-Ann on Dundee 305721 (Mon to Fri 10am – 1pm only).

Dial OP can also receive referrals by contacting Dundee 305757.