

# Enjoy San Fermin 2019

Every year, Pamplona holds the [San Fermin festival](#). This includes the famous bull run through the streets. Most British tourists don't have any problems, however, it's worth reading our advice and checking the [official rules](#) if you plan to run with the bulls.

## **Before you go**

- get travel insurance. Carry the contact number and policy number with you and leave a copy of your policy with someone at home
- remember to take your [European Health Insurance Card \(EHIC\)](#)
- take 2 photocopies of your passport. Leave one at home and take the other with you
- tell family or friends where you'll be staying
- fill in the last page of your passport with your emergency contacts
- [follow BritsInSpain](#) on Facebook

## **At San Fermin**

- keep your valuables locked in a safe place (such as a hotel safe) and carry as few valuables as possible
- carry a photocopy of your passport around with you
- keep some spare cash separate from the rest
- keep your cash and mobile in a zipped pocket
- if you plan to run with the bulls, read the [official rules here](#) and [additional information](#) about the festival

## **Bear in mind**

- runners must be aged 18 and above to participate
- you are not allowed to run with bottles, glasses, cameras, video equipment, bags or backpacks
- you must wear suitable footwear
- do not run if you feel unwell
- your travel insurance may not cover you for running with the bulls

## **If you need help**

- the Emergency Services number in Spain is 112
- if your passport has gone missing, we can issue you with an [Emergency Travel Document \(ETD\)](#). This process can be done through our [online application form](#). There is a fee for this of £100 paid online
- the contact number for the British Consulate in Madrid is + (34) 91 714 6300 if you need help