

# Dundee Citizens Advice Bureau – Financial Health Check

The Financial Health Check service is delivered by the Citizens Advice Network in Scotland.

It aims to help low income families to seek financial advice to maximise their income by ensuring that they are not paying more for essential goods and services that they need to and that they are getting all the benefits, grants and exemptions to which they are entitled.

Anyone can access this service by calling 0800 085 7145 to receive telephone advice or be referred for a face to face appointment :

Citizens Advice Bureau



**Struggling with money?  
Let's sort it today.**

- > Struggling to heat your home?
- > Difficulties feeding your family?
- > Concerned about your finances?



**[www.financialhealth.scot](http://www.financialhealth.scot)**

**0800 085 7145**

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