

CSD adopts new entry physical fitness test standards from September 16

The Correctional Services Department (CSD) announced today (August 1) that new standards will be adopted for the entry physical fitness test for Officer and Assistant Officer II with effect from September 16.

The new physical fitness test items will be changed from five to four, including replacing sit-up and vertical jump with isometric strength test, and modifying the shuttle run from 9 metres x 10 single laps to 10 metres x 4 single laps. The bailey bridge and 800 metres run will be retained.

A spokesman for the CSD said, "The CSD regularly reviews its recruitment policy, including entry requirements, and adopts a proactive recruitment strategy, so as to attract more applicants.

"Given that the test items and standards of the current physical fitness test have been in use for nearly 20 years, the CSD has invited a sports medicine expert to review and formulate new physical fitness test standards that better meet the daily work needs of correctional officers nowadays."

To expedite the recruitment selection process, the CSD has in recent months arranged the physical fitness test, the Basic Law and National Security Law Test, the group interview and the selection interview to be completed within a day instead of two days as previously.

The CSD will continue to enhance publicity and organise various recruitment activities including recruitment talks, workshops, exhibitions and recruitment talks at universities in the Guangdong-Hong Kong-Macao Greater Bay Area to attract more people to join the CSD.

Please visit the following websites for the new entry physical fitness test standards:

Officer:

www.csd.gov.hk/english/recruit/recruitment_procedures/officer/pft_table/pft_table.html

Assistant Officer II:

www.csd.gov.hk/english/recruit/recruitment_procedures/assistant_officer_ii/pft_table/pft_table.html