

# COVID-19 home fire safety checklist

A useful checklist from the Scottish Fire and Rescue Service :

## COVID-19 Home Fire Safety Checklist



**As we are all spending more time at home, there may be an increased risk of fire.**

If you, or someone you know is a **smoker over 50 years old** (who live alone, have long term health or mobility problems or use medical oxygen) please contact your local fire station for advice on what to do next.

Otherwise, use this checklist to help keep you and others safe during these challenging times. Once done, you can visit our website with any queries – **we are here to help keep you safe.**

- Don't leave cooking unattended** and don't cook if you're tired, under the influence of alcohol or drugs or on strong medication. 
- If you smoke, **smoke outside**, at an open external door or window and never while under the influence. **Always use an appropriate ashtray.** 
- Using a laptop? Make sure it's placed on a hard surface **to prevent overheating.** 
- Always turn** computers and laptops **off at night.**
- Don't overload** electrical sockets. 
- Make sure all common areas and exits are **kept clear** of any combustible materials and don't leave any items in escape routes.
- With bin collections reduced at this time it is important that flammable items like cardboard or paper are **safely stored.** 

firescotland.gov.uk   #Coronavirus #StayAtHome #TestitTuesday

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## At night when you go to bed:

- Ensure white goods such as washing machine, dishwashers or tumble dryer are **switched off**, and **never used while sleeping or out**.
- Switch off** all electrical appliances not designed to be left on overnight.
- Don't leave** chargeable items like phones and tablets **charging overnight**.
- Turn off** portable heaters and put a fire-guard around the fire place.
- Keep mobility aids and any methods of calling for help **accessible** for a cared for person.
- Before going to bed, check any candles and cigarettes are **extinguished**.
- Make sure the main door keys are **accessible and in a safe place**.
- Close all the internal doors** before going to bed.



## And finally:

- Make sure you have **working smoke alarms**. Test them **once a week**.

