

Commission on Children convenes 23rd meeting

The Chief Secretary for Administration, Mr Chan Kwok-ki, today (November 21) chaired the 23rd meeting of the Commission on Children.

At the meeting, members were briefed by the Education Bureau on the 4Rs Mental Health Charter (4Rs Charter) and its implementation progress. To foster students' physical and psychological health, the 4Rs Charter commenced in the 2024/25 school year by the Education Bureau. The 4Rs refer to four core elements for promoting mental health, namely Rest, Relaxation, Relationship and Resilience. Schools participating in the 4Rs Charter will set practical and feasible goals, and take concrete actions to foster mental health at schools in a more comprehensive and systematic manner, thereby enhancing students' healthy development.

Members were also updated by the Hong Kong Police Force on the prevention and support services provided for handling school crises. The Police Negotiation Cadre has been conducting school talks for teachers and students since 2007 and published the "Practical Guideline for Crisis Management at Schools" in April this year, with a view to sharing practical knowledge on school crisis management and effective communication skills in dealing with crises, enhancing the capability building of gatekeepers, and promoting the mental health of teenagers while resolving campus crises in collaboration with different stakeholders.

Members expressed high concern about the healthy growth of children. They supported the measures implemented by the Government and offered views on how to effectively promote children's mental health.