

“Clap the Beat, Dance in Chic” online programme launched

The Leisure and Cultural Services Department (LCSD) has launched an online ballet programme called "Clap the Beat, Dance in Chic".

The programme is an educational project with five episodes to promote dance appreciation through understanding and correlating ballet music and ballet movement. Dance teacher Shirley Loong and pianist Willy Ng have recognised that there is a very strong tie between music and ballet that helps better understand music rhythms. The teacher and pianist will share their experiences and magical discoveries from appreciating ballet productions.

Details of the programme are as follows:

Episode 1 (released)

Time signature: 2/4

Rhythm: Polka/tango (habanera)

Movement demonstration: Travelling jump/skipping/battement tendus and fondus

Episode 2 (to be released on December 15)

Time signature: 2/4

Rhythm: Rag/galop (aka coda)

Movement demonstration: Pas de chat/small jump/posé turns manèges

Episode 3 (to be released on December 22)

Time signature: 3/4

Rhythm: Waltz (Viennese waltz, ballroom or slow waltz, grand waltz, Spanish waltz)

Movement demonstration: pointe work exercises including pirouettes, bourrée, grand allegro

Episode 4 (to be released on December 29)

Time signature: 3/4

Rhythm: Polonaise and mazurka

Movement demonstration: Polonaise steps/battement tendus/pirouette en dedans

Episode 5 (to be released on January 7)

Time signature: 4/4

Rhythm: March and 4/4 adage

Movement demonstration: Port de bras/adage/grand battement

To view the online programme, please visit the LCSD's one-stop Edutainment Channel at www.lcsd.gov.hk/en/edutainment-channel.html. For programme enquiries or more information, please call 2268 7323 or visit www.lcsd.gov.hk/cp.