CHP investigates suspected food poisoning case related to wild mushrooms

The Centre for Health Protection (CHP) of the Department of Health is today (July 23) investigating a suspected case of food poisoning related to the consumption of wild mushrooms, and urged the public not to pick and eat wild mushrooms.

The 49-year-old female patient developed symptoms including abdominal pain, vomiting and diarrhoea about two hours after consuming mushrooms at home yesterday (July 22). She attended the Accident and Emergency Department of United Christian Hospital on the same day. She is now in a stable condition.

Initial investigations revealed that the wild mushrooms consumed by the patient were picked from the hillside near Choi Tak Estate in Kwun Tong on July 21. The CHP's investigation is ongoing.

"Members of the public should not pick wild mushrooms for consumption as it is difficult to distinguish edible mushroom species from inedible ones," a spokesman for the CHP said.

"Mushroom poisoning is generally acute. Common presentations include gastrointestinal symptoms such as nausea, vomiting and abdominal pain appearing shortly after ingestion. Depending on the mushroom species, patients may also have other symptoms like profuse sweating, hallucination, coma or other neurological symptoms, as well as liver failure. Death may result in severe cases," he added.

"If mushroom poisoning is suspected, the patient should seek immediate medical attention and bring along any available remnant for identification," the spokesman said.