

CHP investigates outbreak of acute gastroenteritis at training institute in Wong Chuk Hang

The Centre for Health Protection (CHP) of the Department of Health (DH) is today (January 7) investigating an outbreak of acute gastroenteritis (AGE) at a training institute in Wong Chuk Hang, and hence reminded the public and management of institutions to maintain personal and environmental hygiene against AGE.

The outbreak involves 17 male and 11 female trainees aged 20 to 36, who have developed abdominal pain, vomiting and diarrhoea since January 5. All of them sought medical attention and none required hospitalisation. All patients have been in a stable condition.

Officers of the CHP conducted a site visit and provided health advice to the staff of the institute concerning proper and thorough disinfection, proper disposal of vomitus, and personal and environmental hygiene. The institute has been put under medical surveillance.

The CHP's investigations are ongoing.

A spokesman for the CHP advised members of the public to take heed of the following preventive measures against gastroenteritis:

- Ensure proper personal hygiene;
- Wash hands thoroughly before handling food and eating, after using the toilet or after changing diapers;
- Wear gloves when disposing of vomitus or faecal matter, and wash hands afterwards;
- Clean and disinfect contaminated areas or items promptly and thoroughly with diluted household bleach (by adding one part of bleach containing 5.25 per cent sodium hypochlorite to 49 parts of water). Wash hands thoroughly afterwards;
- Maintain good indoor ventilation;
- Pay attention to food hygiene;
- Use separate utensils to handle raw and cooked food;
- Avoid food that is not thoroughly cooked;
- Drink boiled water; and
- Do not patronise unlicensed food premises or food stalls.

The public may visit the CHP's website (www.chp.gov.hk) or call the DH's Health Education Hotline (2833 0111) for more information.