

CHP investigates outbreak of acute gastroenteritis at institution in Sai Kung

The Centre for Health Protection (CHP) of the Department of Health is today (February 22) investigating an outbreak of acute gastroenteritis (AGE) at an institution in Sai Kung, and hence reminded the public and management of institutions to maintain personal and environmental hygiene against AGE.

The outbreak involves 24 male residents aged 15 to 34, as well as two male staff members, who have developed vomiting, diarrhoea, abdominal pain and fever since February 20. All sought medical attention. Among them, one required hospitalisation and was discharged after treatment. All patients have been in a stable condition.

Officers of the CHP conducted a site visit and provided health advice to the staff of the institution concerning proper and thorough disinfection, proper disposal of vomitus, and personal and environmental hygiene. The institution has been put under medical surveillance.

The CHP's investigations are ongoing.

A spokesman for the CHP advised members of the public to take heed of the following preventive measures against gastroenteritis:

- Ensure proper personal hygiene;
- Wash hands thoroughly before handling food and eating, after using the toilet or after changing diapers;
- Wear gloves when disposing of vomitus or faecal matter, and wash hands afterwards;
- Clean and disinfect contaminated areas or items promptly and thoroughly with diluted household bleach (by adding one part of bleach containing 5.25 per cent sodium hypochlorite to 49 parts of water). Wash hands thoroughly afterwards;
- Maintain good indoor ventilation;
- Pay attention to food hygiene;
- Use separate utensils to handle raw and cooked food;
- Avoid food that is not thoroughly cooked;
- Drink boiled water; and
- Do not patronise unlicensed food premises or food stalls.

The public may visit the CHP's website (www.chp.gov.hk) or call the Health Education Hotline (2833 0111) for more information.