

CHP investigates influenza-like illness outbreak at primary school in Kwun Tong

The Centre for Health Protection (CHP) of the Department of Health is today (March 1) investigating an outbreak of influenza-like illness at a primary school in Kwun Tong, and again reminded the public to maintain strict personal and environmental hygiene against influenza.

The outbreak involves 12 boys and eight girls aged 6 to 8 who developed fever, cough and sore throat since February 21. Nineteen of them sought medical attention and none required hospitalisation. All of them are now in a stable condition.

Officers of the CHP have conducted a site visit and advised the school to adopt necessary infection control measures against respiratory infections. The school has been put under medical surveillance.

A spokesman for the CHP said, "To prevent outbreaks of influenza and other respiratory infections, it is of prime importance that children with fever, regardless of the presence of respiratory symptoms, should not be allowed to attend school. They should seek medical advice and avoid school till 48 hours after the fever has subsided. Schools should also measure and record students' body temperature properly."

Schools are reminded to follow the [Guidelines on Prevention of Communicable Diseases](#) on preventive and control measures as well as management of outbreaks, which should be reported to the CHP for prompt follow-up.

"The latest surveillance data showed that the local influenza activity has continued to decrease from the peak level in January but remained above the baseline threshold. We urge the community to continue heightening its vigilance against seasonal influenza. As young children are particularly affected in this influenza season, we appeal to parents who have not yet arranged vaccination for their children in this season to do so as soon as possible to strengthen their personal protection," the spokesman added.

Apart from children, people aged 50 to 64 years, the elderly and those with underlying illnesses who have not yet received influenza vaccination this season are also urged to get vaccinated as early as possible to prevent seasonal influenza as it takes about two weeks for antibodies to develop in the body after vaccination. Medical advice should be sought promptly if influenza-like symptoms develop so that appropriate treatment can be initiated as early as possible to prevent potential complications. Parents and carers are reminded to render assistance in prevention, care and control for vulnerable people.

Besides receiving seasonal influenza vaccine for personal protection, the public should maintain good personal and environmental hygiene for protection against influenza and other respiratory illnesses. For more information, please visit the CHP's [influenza page](#) and weekly [Flu Express](#).