

Chinese school offers master degree in yoga

Minzu (Nationalities) University in Yunnan is now offering China's first master's degree in Yoga, with applications being accepted starting Tuesday, October 10, reports The China Youth Daily.

The program is being sponsored by the China-India Yoga College at the University and Swami Vivekananda Yoga Anusandhana Samsthana, a renowned Indian Yoga university.

The degree program was officially approved by China's Ministry of Educational in January, 2017.

A Yoga master's degree will take three years to complete, including two years studying in China, and the final year in India. Students will receive separate master's degrees from both China and India once they obtain the required credits.

Classes will include lessons on yoga asanas, yoga physiology, yoga anatomy, yoga therapy as well as meridian theory.

The program will also offer language courses for Chinese students studying in India, including Hindi and Sanscrit, as well as courses related to Indian culture.