

Charter signing ceremony for Territory-wide Physical Fitness Survey for the Community held today (with photos)

A charter signing ceremony was held today (June 30) to launch the Territory-wide Physical Fitness Survey for the Community. The survey aims to set up a database on the physical fitness of people of Hong Kong, identify the relationship between physical exercise patterns and the physical fitness of people of Hong Kong as well as assist the Government in identifying priority areas for improvement to enhance the overall physical fitness of the community.

Speaking at the ceremony, the Secretary for Home Affairs, Mr Caspar Tsui, noted that the Government conducted the Territory-wide Physical Fitness Test for the Community in 2005 and 2011. The Home Affairs Bureau (HAB) proposed in 2018 that the survey should be launched again and the proposal was subsequently included as one of the new initiatives in the Chief Executive's 2018 Policy Address.

"We hope that a regular and standardised territory-wide physical fitness survey could facilitate the formulation of policies for promoting sport for all and help prevent diseases through early intervention. The survey will also enable participants to have a general understanding of his or her own fitness condition," Mr Tsui said.

Members of different companies or organisations will be selected by random sampling to participate in the survey. Representatives of various groups and organisations signed a charter at Tsuen Wan Sports Centre today to show support for the survey. The survey is commissioned by the Community Sports Committee (CSC), under which an Advisory Committee on the Territory-wide Physical Fitness Survey for the Community (AC) was established to advise on its implementation, publicity and promotional strategies and community involvement.

The Chairman of the CSC, Mr David Yip, said in the ceremony that the membership of the AC consists of representatives from the Department of Health, the Education Bureau, the HAB and the Leisure and Cultural Services Department (LCSD), as well as professional organisations. Professionals from academia were also invited to provide their views on the survey. Mr Yip hoped that the survey will enhance the public's understanding of the importance of physical fitness for health and encourage the public to exercise regularly in daily life.

The convenor of the AC, Dr Leung Pak-yin, introduced the details of the survey in the ceremony. The survey will cover 8 500 people of Hong Kong aged

between 7 and 79. Based on the population projection of the Census and Statistics Department (C&SD), the sample sizes required for various age groups in the survey are calculated based on the population proportion in the Hong Kong.

Different types of companies and organisations are invited to participate in the survey through random sampling in accordance with the economic groups framework provided by the C&SD for the working population, and the information of social welfare organisations for the non-working population. Staff and members of the invited companies and organisations may register online to participate in the survey through questionnaires and physical fitness tests. Data collection of the survey is expected to be complete in early 2022, and the survey findings will be announced in the fourth quarter of 2022.

The LCSD, under the supervision of the AC, is responsible for implementing the work of the survey. For details of the survey, please visit the webpage pfs2021.com.hk.

