Changing patterns of life

As we all adapt to life at home, so the way we do things changes. Many more people buy items on line and grow use to not visiting shops other than the main supermarkets for food. Many conduct business meetings on line through web based meetings. People turn to on line services. Families learn to talk to each other through video links.

It is boom time for services like Zoom, Webex and the download home entertainment providers. Suppliers of laptops and smart phones I am told have plenty of demand as families extend their range of equipment to conduct life digitally, and as firms provide employees with the kit to work from home. Our domestic broadband capacity is being tested with much more use.

So today I am asking you to write in and tell me how you have changed your lives to live with the stay at home guidance. Which new services or activities have you found most helpful? Have you acquired any new hardware to help? What things are you now doing on line which you used to do by going out to a gym or sporting event or meeting or party?

I would also be interested in how you think people will react when we do start to see the relaxation of the lock down. Will many of you stay with more on line shopping and digital entertainment, or will you be back to shops and the events as soon as they re-open? Will your attitude to public transport be different all the time the virus lurks without cure or vaccine?

How much damage to personal incomes has this all done so far, and what impact will that have on people's capacity to spend again when there are more businesses able to sell us goods and services?