Booking for free use of leisure facilities on Sport For All Day 2023 to start on July 31

The Leisure and Cultural Services Department (LCSD) will hold Sport For All Day 2023 on August 6 (Sunday). Members of the public can book leisure facilities for free, take part in free recreation and sports programmes at designated venues, and watch live webcasts of sports demonstrations at home to keep exercising in a fun way.

Various leisure facilities will be open for free use by the public on Sport For All Day 2023. These include:

- Indoor leisure facilities: badminton courts, tennis courts, basketball courts, netball courts, volleyball courts, squash courts, table tennis tables, American pool tables, billiard tables, sport climbing walls, bowling greens, golf facilities, fitness rooms, activity rooms, dance rooms and a cycling track;
- Outdoor leisure facilities: tennis courts, tennis practice courts, bowling greens, batting cages, sport climbing walls, archery ranges and golf facilities (excluding camp facilities, sports grounds as well as artificial and natural turf pitches);
- Public swimming pools (excluding Kowloon Tsai Swimming Pool which is temporarily closed for redevelopment, and Wan Chai Swimming Pool); and
- Craft at water sports centres (recreational kayaks, pedal-driven boats, sampans and colour boats at Chong Hing Water Sports Centre are available for free use by campers only).

Booking for the free use of facilities on August 6 can be made at Leisure Link booking counters in various districts (except self-service kiosks) and via Internet booking from 7am on July 31 (Monday) onwards, on a first-come, first-served basis (the Leisure Link booking counter services at Tuen Mun Recreation and Sports Centre will start from 7.45am and those at water sports centres, holiday camps and District Leisure Services Offices will start from 8.30am). Each person can only book one free session irrespective of the type of leisure facility. Due to the anticipated high use of online booking services by the public, it may take a longer time for users to log into the system for booking during peak hours in the morning.

No prior booking is required for public swimming pool facilities. Members of the public may line up at the entrances of the swimming pools for free admission on a first-come, first-served basis.

The LCSD appeals to hirers to arrive on time and make the best use of the booked facilities. According to the facility hiring arrangements, a hirer must cancel the booking at least a day before the date of use if he or she cannot take up a booked fee-charging leisure facility as scheduled.

All users of the leisure facilities shall observe the Conditions of Use of LCSD Recreation and Sports Facilities (www.lcsd.gov.hk/en/condition/index.html), including the no-show/not present during the use of the booked sessions ("not present") penalty. A no-show/"not present" record will be filed on the hirer when he or she fails to take up a session as booked without on-time completion of the cancellation procedure, or is not present during the use of the booked sessions. Any two such records within 60 consecutive days will result in a suspension of booking rights for any of the LCSD's fee-charging recreation and sports facilities for 90 days.

In addition, a series of free recreation and sports programmes will be held from 2pm to 6pm on August 6 at designated sports centres in the 18 districts. Apart from various recreational activities, there will be health talks, sports demonstrations, fitness corners, sports activities for parents, children and adolescents, as well as fun games for the elderly and persons with disabilities. Activity coupons are now available at LCSD District Leisure Services Offices and designated venues in the 18 districts.

Sports demonstrations will be featured in a live webcast via the event dedicated website (www.lcsd.gov.hk/en/sfad) and the "LCSD Plusss" Facebook page (www.facebook.com/LCSDPlusss) on the event day from 2pm. Members of the public can experience the vigour of sports demonstrations at home through online platforms.

For details of Sport For All Day 2023, please visit the dedicated website at www.lcsd.gov.hk/en/sfad.