

Booking for free use of leisure facilities on Sport For All Day 2021 to start on Sunday

The Leisure and Cultural Services Department (LCSD) will organise the Sport For All Day 2021 on August 1 (Sunday). Members of the public can book leisure facilities for free use, take part in free recreation and sports programmes at designated venues, as well as watch live webcasts of sports demonstrations at home to keep exercising in a fun way.

Booking for free use of land-based leisure facilities and craft at water sports centres on August 1 can be made at the Leisure Link booking counters at LCSD venues (excluding Self-service Kiosks) from 9am on July 25 (Sunday). Each person can only book one free session irrespective of the type of facility on a first-come, first-served basis.

Leisure facilities open for free use by the public on August 1 include:

- Indoor leisure facilities: badminton courts, tennis courts, basketball courts, netball courts, volleyball courts, squash courts, table tennis tables, American pool tables, billiard tables, sport climbing walls, bowling greens, golf facilities, fitness rooms, activity rooms, dance rooms and cycling tracks;
- Outdoor leisure facilities: tennis courts, tennis practice courts, bowling greens, batting cages, sport climbing walls, archery ranges, rope courses and golf facilities (excluding camp facilities, sports grounds, and artificial and natural turf pitches);
- [Public swimming pools](#) (excluding Wan Chai Swimming Pool); and
- Craft at water sports centres.

No prior booking is required for the use of public swimming pools. Interested users may line up at the pool entrance before a session starts for free admission on a first-come, first-served basis on the event day.

All users shall comply with the LCSD's existing Conditions of Use of Recreation and Sports Facilities and the Conditions for Free Use of Leisure Facilities. The LCSD will review the arrangements on the free use of facilities in a timely manner in view of the latest situation of COVID-19, subject to change as announced by the LCSD.

The LCSD appeals to hirers to arrive on time and make the best use of the booked facilities. According to the measures on booking and use of recreation and sports facilities, if a hirer is unable to take up a booked session for any fee-charging recreation and sports facility, a cancellation must be made at least one day prior to the day of use.

The number of occasions on which a hirer is found not having taken up

the booked recreation and sports facility without cancellation of the booking one day before the start of the booked session on Sport for All Day is counted on a day basis and regarded as one occasion. A hirer, who is found to have failed to take up the booked session without cancellation of booking on two occasions within a period of 30 days, will have his/her booking right (including advance booking and on-the-spot-booking) suspended for 90 days. The suspension will take effect two days after the second occasion.

Free recreation and sports programmes will be held from 2pm to 6pm on August 1 at designated sports centres in 18 districts, including Olympic sports-related play-in activities such as fencing, badminton and table-tennis to show support for Hong Kong athletes to strive for excellence in the Tokyo Olympic Games. Other programmes will include sports demonstrations, fun games, fitness corners, sports activities for parents and children, health talks and activities for persons with disabilities. Activity coupons are being distributed at respective LCSD District Leisure Services Offices and [designated venues](#) in the 18 districts.

With dance as the focal sport of Sport For All Day this year, demonstrations of dance and other sports will be featured in a live webcast via the event [website](#) and the "[LCSD Plusss](#)" Facebook page on the event day from 2pm to 4pm. Members of the public can experience the vigour of sports demonstrations at home through online platforms.

Sport For All Day aims to promote the message "Stay Active, Healthy and Happy!" and to encourage members of the public to foster the habit of exercising for at least half an hour a day. For details of Sport For All Day 2021, please visit the website at www.lcsd.gov.hk/en/sfad.