

Booking for free use of leisure facilities on Sport For All Day 2019 to start on Sunday

Sport For All Day 2019 will be held on August 4 (Sunday). The Leisure and Cultural Services Department (LCSD) will open most of its leisure facilities for public use without charge. Members of the public are also welcome to take part in free recreation and sports programmes at designated sports centres in the 18 districts and share the fun of doing exercise.

Booking for free use of land-based leisure facilities and craft at water sports centres on the day can be made at the Leisure Link booking counters at LCSD venues (excluding Self-service Kiosks) from 9am on July 28 (Sunday) on a first-come, first-served basis.

The leisure facilities available for free use on Sport For All Day 2019 include:

- * Indoor leisure facilities: badminton courts, tennis courts, basketball courts, netball courts, volleyball courts, squash courts, table tennis tables, American pool tables, billiard tables, sport climbing walls, bowling greens, golf facilities, fitness rooms, activity rooms, dance rooms and a cycling track;
- * Outdoor leisure facilities: tennis courts, tennis practice courts, bowling greens, batting cages, sport climbing walls, archery ranges, rope courses and golf facilities (excluding camp facilities, sports grounds and artificial and natural turf pitches);
- * Public swimming pools (excluding Wan Chai Swimming Pool); and
- * Craft at water sports centres.

Each person can only book one free session irrespective of the type of facility. No prior booking is required for use of public swimming pools. Interested users may line up at the pool entrance before a session starts for free admission on a first-come, first-served basis on August 4.

If a hirer fails to take up a facility 10 minutes after the starting time of the booked session, the facility will be allocated to walk-in participants on a first-come, first-served basis. The facility shall be used for the same purpose as that for which it has been booked by the original hirer. The user shall surrender the facility back to the original hirer immediately upon the latter's arrival.

The LCSD appeals to hirers to arrive on time and make the best use of the booked facilities. Hirers should cancel their bookings as soon as possible if they are unable to use them.

Leisure Link patrons may cancel a booking via the Internet before the

booked session starts. If the hirer is not a Leisure Link patron, he or she should cancel the booking before the booked session starts via any Leisure Link Self-service Kiosk, or submit the cancellation request in person or by proxy at the Leisure Link booking counters of LCSD leisure venues at least 30 minutes before the session starts (and at the latest before 8.30pm for booked sessions starting at 9pm or later) by producing a completed "Application for Cancellation of Booking" form together with the user permit and the original or a photocopy of his or her identity document. The above form can be obtained from the Leisure Link booking counters or downloaded from the LCSD's [website](#).

â€‹ All users of leisure facilities should observe the Conditions for Free Use of Leisure Facilities and the existing Conditions of Use of Recreation and Sports Facilities under the LCSD. To ensure cleanliness in public swimming pools, swimmers should also observe the pool rules, maintain personal hygiene and help keep pool water clean.

â€‹ Adopting "Stay Active, Healthy and Happy!" as the slogan, the event encourages members of the public to foster the habit of exercising for at least half an hour a day. This year's Sport For All Day will have wushu as the focus sport. The LCSD will organise wushu demonstrations and participation sessions at designated sports centres in the 18 districts from 2pm to 6pm on August 4. Other free recreation and sports programmes include health talks and exercise demonstrations, fitness corners, sports participation sessions, sports activities for parents and children, and activities for persons with disabilities.

â€‹ Enrolment for these free programmes has commenced. Interested parties can register or collect activity coupons at LCSD District Leisure Services Offices or designated venues on a first-come, first-served basis.

â€‹ Details of Sport For All Day 2019 are available at the designated [website](#). For enquiries, please call 2414 5555.