## News story: New approach to preventing heart attacks and strokes

The NHS and Public Health England (PHE) will today (Tuesday, 12 September 2017) announce a new drive to save thousands of lives by preventing heart attacks and strokes brought on by cardiovascular disease (CVD).

New PHE analysis suggests that there is an opportunity to prevent more than 9,000 heart attacks and at least 14,000 strokes over the next 3 years with better detection and management of:

- high blood pressure
- high cholesterol
- atrial fibrillation

Simon Stevens, the Chief Executive of NHS England said:

Closer working between NHS organisations and local authorities will create new opportunities to get serious about prevention and bear down on 2 of our biggest killers that between them are responsible for 1 in 4 premature deaths.

Heart attacks and strokes devastate the lives of thousands of people. Tackling a problem of this size requires action across areas. It is not something that the health service can do alone.

Speaking at the NHS Expo conference in Manchester, Mr Stevens will urge the new sustainability and transformation partnerships (STPs) to take coordinated cross-system action to improve identification and treatment of these potentially life-threatening conditions. At the same time Duncan Selbie, the Chief Executive of PHE, will highlight the initiative during his annual conference today.

5.5 million people in England have undiagnosed high blood pressure and nearly half a million have undiagnosed atrial fibrillation, which are both symptomless conditions that substantially increase the risk of stroke and heart attack. Treatment is effective at reducing risk but under-treatment is common among those who are diagnosed.

The new analysis shows the scale of the prevention opportunity across England over 3 years if treatment of these high-risk conditions is optimised. Achieving optimal treatment in all people with diagnosed high blood pressure has the potential to avert up to 9,710 heart attacks and 14,500 strokes, saving up to £274 million. Achieving optimal treatment for those diagnosed with atrial fibrillation has the potential to avert up to 14,220 strokes, saving £241 million.

Duncan Selbie, Chief Executive of PHE, said:

High blood pressure is the invisible killer. We want people to be as familiar with their blood pressure numbers as they are with their credit card PIN or their height.

Too many people are still living in poor health and dying from a largely preventable disease. The good news is that we know how most heart attacks and strokes can be avoided. Scaling up CVD prevention locally is a major part of reducing the overall burden on individuals, families and the NHS, and will help us ensure a person's health is not defined by where they live.

PHE and NHS England have today written to all 44 STPs, drawing attention to the prevention opportunity in their local areas, and sharing with them the data for their individual STPs.

By working across larger populations, STPs can mobilise clinical leaders across a geography and drive larger-scale improvements such as increasing access to blood pressure testing in the workplace, and using the wider local authority and third sector workforce to carry out health checks in community settings.

The majority of STPs have identified prevention of cardiovascular disease as a priority.

They are likely to drive improvements in 2 ways. Firstly through partnerships that support at scale implementation of initiatives such as healthy workforce schemes, active transport plans, the <u>Active 10 app</u>, and smoking cessation programmes. Secondly, they have the ability to roll out the NHS Right Care CVD Prevention Programme across a much wider area.

The NHS Right Care programme will help GPs and local areas to ensure more patients get proven treatments by organising local services differently. This will include more testing and treatment in pharmacies, increasing uptake of NHS Health Check, more self-monitoring, more access to blood pressure testing in community and workplace settings, and new digital tools such as the <a href="One You Heart Age Test">One</a> You Heart Age Test.

The NHS Health Check is offered to all eligible people between 40 and 74 every 5 years. As well as supporting people to reduce lifestyle risk factors, it provides a systematic way of identifying people with undiagnosed high-risk conditions like high blood pressure and atrial fibrillation (AF). But currently only a half all eligible people take up the offer.

Dr Matt Kearney, the NHS's National Clinical Director for Cardiovascular Disease Prevention, added:

We know that there are many ways that people can prevent heart attacks and strokes — by being more active, not smoking and having a healthy diet. What the NHS Right Care programme and the STP partnerships bring is an opportunity for the NHS to improve treatment of the high-risk conditions, at scale across an area, and

prevent thousands of heart attacks and strokes.

Some areas across the country have already implemented these approaches with encouraging results which the NHS is hoping to expand and improve in every area in the country.

In West Hampshire, a mix of GP education, diagnostic devices for AF and pharmacist-run anticoagulation services resulted in an estimated 52 strokes being averted in 20 months.

In Lambeth and Southwark, pharmacists were commissioned to manage blood pressure and AF. Over 15 months, an estimated 45 strokes were averted.

Bradford Districts CCG has used at-scale methods to transform primary care pathways, optimising treatment in 21,000 patients. This has delivered improved population-level control in blood pressure, cholesterol and AF, and substantial reduction in heart attacks and strokes (over 200 in 15 months).

# Press release: Foreign Secretary statement on adoption of UNSC resolution on North Korea

Speaking after the UN Security Council (UNSC) unanimously adopted UNSCR 2375, the Foreign Secretary Boris Johnson said:

I welcome the unanimous adoption of the UNSC resolution today. The international community has shown it is united against the illegal and reckless acts by the North Korean regime. By adopting these new measures, we have the most stringent UN sanctions regime placed on any nation in the 21st century.

This resolution will curtail gas, petrol and oil imports. It will ban all textile exports, taking hundreds of million dollars from the export revenues that the North Korean regime uses to fund its illegal nuclear and ballistic missile programmes. And it will end the exploitation of DPRK labourers abroad.

The North Korean regime bears full responsibility for the measures that the UN Security Council has enacted today. It is their continued, illegal and aggressive actions that have brought us to this point, and it is North Korea that must change its course.

### News story: Free at last as jammed fuel is lifted out

Updated: Updated the link to the longer version of the video

When the dome-shaped experimental reactor closed in 1977, most of the core fuel was removed.

But follow-up work came to a halt when some of the metallic casings in the zone surrounding the core were found to be swollen and jammed. Almost 1,000 — around two-thirds of the total — were left in place.

Made of stainless steel, the casings, known as breeder elements, contained natural uranium and were designed to produce more fuel for use in other reactors.

Now, after many years of work to design and test remotely operated equipment, a decommissioning team has started to recover the elements.

Decommissioning the 50-year-old reactor is one of the most technically challenging projects in the NDA estate and removing the breeder elements has been a top priority.

The removal work is expected to take less than 3 years, after which dismantling of the landmark reactor can begin.

David Peattie, NDA Chief Executive, said:

Dealing with this material is one of the highest priorities anywhere for the NDA, not just at Dounreay but across our UK sites. The safe and timely retrieval of the breeder material is crucial to both the site's closure programme and the national defueling programme.

I am very pleased with this achievement which is a great example of how the Dounreay team and the NDA can work together to deliver results of national importance.



MP Jamie Stone looks on as team members monitor removal of the breeder material

During a visit to the reactor, Jamie Stone, MP for Caithness, Sutherland and Easter Ross, said:

Actually watching on screen the removal of an element from the reactor core was fascinating. Seeing the intricate techniques and skills, and the special locally designed equipment being used was absolutely inspirational.

In an age when sometimes you begin to wonder where British technology is going, it is hugely encouraging to see what is being done at Dounreay. I take my hat off to the workforce.

When the damaged elements were discovered, decommissioning effectively stopped for 20 years, until the decision was taken in 2000 to close down Dounreay and the creation of the NDA a few years later gave fresh momentum to the task.

The elements were immersed in some 57 tonnes of highly reactive liquid metal which had to be removed and destroyed before remotely operated cameras could inspect the condition of the material. This difficult, hazardous programme took more than 10 years.

Now, following extensive research and development trials inside the plant and at a test rig on the outskirts of Thurso, work has started to remove the

remaining breeder material.

Watch the DFR breeder material removal process

### **Dounreay Fast Reactor**

After removal, the elements are being transferred to a purpose-built facility, where they are being cut open to remove the uranium fuel, cleansed of any traces of liquid metal and packaged in containers for dispatch to Sellafield. About 40 tonnes of breeder recovered previously has already been sent there.

When all the breeder material has been removed, work can begin on taking the reactor apart.

Main support contractor: JGC Engineering & Technical Services Ltd

### About the Dounreay Fast Reactor (DFR)

- the DFR was built during the 1950s at a time when there was a world-wide shortage of uranium for electricity generation
- It became the world's first fast reactor to provide electricity to a national grid, providing enough power for a small town like Thurso (population approx 9,000)
- DFR's reactor core was surrounded by a blanket of natural uranium elements that, when exposed to the effects of the radiation, would 'breed' to create a new fuel, plutonium
- UK experimentation with fast breeders came to an end in the 1980s
- decommissioning DFR is one of the most significant challenges in the UK today. It was one of only two fast reactors ever built in the UK, both at Dounreay.
- when the breeder material is all removed, the reactor and its circuits will be dismantled, followed by final decontamination of the structures
- the dome and associated structures will be demolished

#### Dounreay Site Restoration Ltd (DSRL)

DSRL, a company owned by Cavendish Dounreay Partnership, is responsible for decommissioning the UK's former centre of fast reactor research on behalf of

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### News story: Hurricane Irma: Foreign Secretary interview with media

Foreign Secretary Boris Johnson said:

We are continuing to deliver aid, including food and water, to where it is needed. There are now 700 UK troops and more than 50 police officers in Anguilla, British Virgin Islands, and Turks and Caicos islands. More than 40 tonnes of UK aid has arrived in the region with much more on the way.

In Anguilla there has been a request for building supplies, in particular plywood, to begin reconstruction and we have responded. We are also sending more police into both the BVI and into Anguilla, so that security has improved and a sense of confidence is rising. We have also taken steps in relation to St Maarten, which is a French and Dutch territory. There are a lot of Brits on holiday there and we have sent UK consular representatives.

Across the area the breakdown in communications, the inability to use mobile phones or access the internet, has people worried. So an

effort is underway to re-establish wi-fi across the region as well as electricity supplies. We are doing everything possible to help Brits in need.

To assist with reporting, please see below for the latest information, facts and figures on the UK government's response to Hurricane Irma.

- The UK has a major response effort underway, with further resources being deployed to the Caribbean today.
- There is now a UK military presence delivering disaster relief in the British Virgin Islands, Anguilla and Turks and Caicos islands.
- The UK has deployed 700 troops and more than 50 police officers to support the islands. More will deploy in the next few days, including military doctors, dentists, nurses and other experts.
- More than 40 metric tonnes of aid has now arrived and is being distributed across the region including 2,608 shelter kits, which can provide shelter for over 13,000 people, and 2,304 solar lanterns, which can provide essential light and power for over 11,000 people.
- Nine tonnes of food and water are being procured for onward delivery. Thousands more shelter kits and buckets are being prepared to dispatch from the UK.
- RFA Mounts Bay, which patrols Caribbean waters for six months of the year during the hurricane season (June to November), carried out essential recovery work in the British Virgin Islands and Anguilla in the immediate aftermath of the storm, making it possible for further support to arrive. It has now reloaded with supplies and returned to Anguilla to assist further in rebuilding homes, key infrastructure and supporting the relief efforts.
- HMS Ocean is currently docked in Gibraltar and will depart for the Caribbean in the next 24 hours. It is being loaded with 200 pallets of aid and 60 pallets of Emergency Relief Stores (ERS), as well as 5,000 hygiene kits, 10,000 buckets and 504,000 Aguatabs.
- Expert engineers are helping to re-establish communications on the islands so cut off communities can be reached.
- The UK is working closely with international partners in the region, including providing support to the French to transport helicopters to the region.
- A further three flights are due to leave RAF Brize Norton carrying personnel and aid in addition to five previous flights. Two UK scheduled commercial flights have also departed from Manchester for the region, carrying 8,340 aid buckets.
- With our support, the Red Cross are also providing drinking water, family hygiene kits, blankets, tarpaulins and emergency backpacks.
- A second Foreign Office rapid deployment team of expert staff was deployed to the region today.
- Last week the Prime Minister announced a £32m relief fund to support the humanitarian effort and the UK was the first country to arrive on the scene. In addition to this, the UK government is doubling all public donations made to the British Red Cross appeal.
- Our Ambassador to the US deployed teams of staff at airports in the

- affected areas of the USA. They are providing advice and support to British nationals in Florida and issuing emergency travel documents.
- Our US Network has liaised closely with the US authorities to get British Nationals to safety.
- The Foreign Office has set up a hotline for those concerned about friends and relatives affected by the hurricane: +44 20 7008 0000. At their request, we are taking all emergency calls for the British Virgin Islands and the Turks and Caicos Islands on this number.

Read more about the government's response to Hurricane Irma.