CHP investigates case of severe paediatric influenza B infection

The Centre for Health Protection (CHP) of the Department of Health is today (May 13) investigating a case of severe paediatric influenza B infection and reminded the community to heighten vigilance against influenza. The CHP appealed to members of the public to receive seasonal influenza vaccination (SIV) in a timely manner to better protect themselves during the influenza season.

The case involves a 12-year-old girl with underlying diseases. She developed a fever on May 6, followed by a cough with sputum and respiratory distress on May 9. She was brought to the accident and emergency department of Queen Mary Hospital on the same day and was admitted for management. Her condition deteriorated and she was transferred to the paediatric intensive care unit of the hospital on May 11. Her respiratory specimen was positive for influenza B virus upon laboratory testing. The clinical diagnosis was influenza B infection complicated with pneumonia. She is now in serious condition.

Initial enquiries by the CHP revealed that the patient had no travel history during the incubation period. Two of her home contacts were earlier diagnosed with influenza B infection and had recovered. Other home contacts are currently asymptomatic. The CHP's investigations are ongoing.

A spokesman for the CHP said, "Influenza can cause serious illnesses in high-risk individuals and even healthy persons. SIV is one of the most effective means to prevent seasonal influenza and its complications, as well as reducing influenza-related hospitalisation and death. SIV is recommended for all persons aged 6 months or above except those with known contraindications. Persons at higher risk of getting influenza and its complications, including the elderly and children, should receive SIV early. As it takes about two weeks to develop antibodies, members of the public are advised to receive SIV early for protection against seasonal influenza. Please see details of the vaccination schemes on the CHP's website."

A person who gets influenza and COVID-19 at the same time may be more seriously ill and would have a higher risk of death. It is important to receive both SIV and COVID-19 vaccination as soon as possible, in particular for children and elderly persons residing in the community or residential care homes. The public should also maintain good personal and environmental hygiene against influenza and other respiratory illnesses, and note the following:

- Surgical masks can prevent transmission of respiratory viruses from ill persons. It is essential for persons who are symptomatic (even if having mild symptoms) to wear a surgical mask;
- For high-risk persons (e.g. persons with underlying medical conditions

or persons who are immunocompromised), wear a surgical mask when visiting public places. The public should also wear a surgical mask when taking public transport or staying in crowded places. It is important to wear a mask properly, including performing hand hygiene before wearing and after removing a mask;

- Avoid touching one's eyes, mouth and nose;
- Wash hands with liquid soap and water properly whenever possibly contaminated;
- When hands are not visibly soiled, clean them with 70 to 80 per cent alcohol-based handrub;
- Cover the mouth and nose with tissue paper when sneezing or coughing. Dispose of soiled tissue paper properly into a lidded rubbish bin, and wash hands thoroughly afterwards;
- Maintain good indoor ventilation;
- When having respiratory symptoms, wear a surgical mask, refrain from work or attending classes at school, avoid going to crowded places and seek medical advice promptly; and
- Maintain a balanced diet, perform physical activity regularly, take adequate rest, do not smoke and avoid overstress.

â€<The public may visit the CHP's <u>influenza page</u> and weekly <u>COVID-19 & Flu Express</u> for more information.

Special traffic and transport arrangements for Tam Kung Festival on Hong Kong Island

The Transport Department (TD) today (May 13) reminded members of the public that, to facilitate the celebration of Tam Kung Festival to be held on Hong Kong Island this Wednesday (May 15), the following special traffic and transport arrangements will be implemented in Eastern District and Wan Chai District on Hong Kong Island.

Road closures

Road closures and the corresponding traffic diversions will be implemented on roads in the vicinities of Shau Kei Wan Road, Shau Kei Wan Main Street East and Tam Kung Temple Road from 6.30am to 6.30pm that day. Intermittent road closures will be implemented on roads in the vicinity of Tai Hang in Wan Chai District from 8.30am that day until crowds disperse and roads are reopened. Vehicular access to and from car parks within the affected areas may not be allowed during the period of road closures.

- (i) In connection with the road closure arrangements in the vicinities of Shau Kei Wan Road, Shau Kei Wan Main Street East and Tam Kung Temple Road, Citybus route No. 82X (Siu Sai Wan bound) will be temporarily diverted via Chai Wan Road, and the bus stops at Aldrich Bay Road, Tung Hei Road and outside Chai Wan Park will be temporarily suspended;
- (ii) The public light bus stand at Kam Wah Street between Shau Kei Wan Main Street East and Mong Lung Street will be temporarily suspended from 8am on May 14 to 6.30pm the next day;
- (iii) All on-street parking spaces within closed road sections in Shau Kei Wan (including metered parking, motorcycle parking and disabled parking spaces) will be temporarily suspended from 10pm on May 14 to 6.30pm the next day; and
- (iv) Six metered parking spaces at Wun Sha Street will be temporarily suspended from 4pm on May 14 to 6pm the next day.

For details of the special traffic and public transport arrangements, members of the public may visit the TD's website (www.td.gov.hk) or its mobile application "HKeMobility". Passengers may also refer to the passenger notices displayed by the relevant public transport operators.

The TD and the Police will closely monitor the traffic situation and implement appropriate measures when necessary. The public should pay attention to the latest traffic news through radio, television or "HKeMobility".

CHP investigates confirmed Mpox case

The Centre for Health Protection (CHP) of the Department of Health (DH) said today (May 13) that it is investigating a confirmed Mpox (also known as Monkeypox) case, and urged the public to heighten vigilance and avoid close physical contact with persons suspected of contracting Mpox. Meanwhile, high-risk target groups are advised to receive Mpox vaccination.

The case involves a 32-year-old male patient with underlying diseases. He had developed skin rash since May 7 and visited the Yau Ma Tei Male Social Hygiene Clinic of the DH on May 9. He is in stable condition and arrangements have been made for him to be admitted to Princess Margaret Hospital.

An initial investigation revealed that the patient had high-risk exposure in Hong Kong during the incubation period. Furthermore, he visited the Mainland on April 19 and between April 23 and May 2. According to the

patient, he had no high-risk exposure during the above periods in the Mainland. No epidemiological linkages between this case and other confirmed cases recorded in Hong Kong earlier have been found so far. The CHP is continuing its epidemiological investigations of the case and will report the case to the World Health Organization.

The CHP appeals again to high-risk target groups to receive Mpox vaccination with a view to lowering the risk of infection or the possibility of having more severe symptoms after infection. Persons who experience Mpox symptoms (including rashes, fever, chills, swollen lymph nodes, exhaustion, muscle pain, and severe headaches) or suspect themselves of being infected are advised to seek medical attention and receive treatment at once, and they should not engage in activities with others during which other people may have contact with their skin rash or body fluids. Members of the public should maintain good personal and hand hygiene to prevent virus transmission or infection through contact. They should also avoid close physical contact with persons or animals suspected of infection.

The CHP had earlier set up an Mpox telephone hotline (2125 2373). The hotline operates from Monday to Friday (excluding public holidays) from 9am to 5pm, which enables those who suspect or are concerned they have had high-risk contact with confirmed patients, in particular men who have sex with men or those who have sexual practices with strangers, to make enquiries and receive relevant health advice.

The DH provides vaccination service for high-risk groups of MPox. The following high-risk target groups can receive Mpox vaccination on a voluntary basis:

- 1. Individuals with high-risk sexual practices, e.g. having multiple sexual partners, sex workers, or having a history of sexually transmitted infection within the past 12 months;
- 2. Healthcare workers responsible for caring of patients with confirmed Mpox;
- 3. Laboratory personnel working with zoonotic pox viruses; and
- 4. Animal care personnel with high risk of exposure in case of Mpox occurrence in animals in Hong Kong.

High-risk target groups can receive Mpox walk-in vaccinations at all of the DH's Social Hygiene Service Clinics (SocHS) (namely Chai Wan SocHS, Wan Chai Male SocHS, Wan Chai Female SocHS, Yau Ma Tei Male SocHS, Yau Ma Tei Female SocHS, Yung Fung Shee SocHS, Fanling SocHS and Tuen Mun SocHS). Further information of the clinics including their locations is available at www.dh.gov.hk/english/tele/tele_chc/tele_chc_shcf.html and www.dh.gov.hk/english/tele/tele_chc/tele_chc_shcm.html.

Meanwhile, the DH's Kowloon Bay Integrated Treatment Centre and Yau Ma Tei Integrated Treatment Centre, and the Hospital Authority's Special Medical Clinics at Queen Elizabeth Hospital and Princess Margaret Hospital will also provide Mpox vaccination services for their clients.

Hong Kong Customs seizes clothes with suspected false claims

Hong Kong Customs today (May 13) took enforcement action and seized 63 pieces of clothing tops with suspected false descriptions of the country of origin from the branches of a chain retailing group. Three women suspected to be connected with the case were arrested.

Customs earlier received information alleging that clothes of a specific brand with suspected false descriptions of the country of origin were put on sale in a chain retailing group. Customs officers then test-purchased the branded clothes from three branches of the group located in Sha Tin and Tseung Kwan O. It was found that the clothes bore two different country of origin labels, namely "made in korea" and "MADE IN CHINA".

Customs subsequently took action today and seized 63 pieces of clothing tops, with a total value of \$9,000, with suspected false descriptions of country of origin from the three branches. During the operation, Customs officers arrested a female manager and two female persons-in-charge of the branches, aged between 42 and 49. They have been released on bail pending further investigation.

The case is still under investigation and the likelihood of further arrests is not ruled out.

Customs reminds traders to comply with the requirements of the Trade Descriptions Ordinance (TDO). Under the TDO, any person who supplies goods with a false trade description in the course of trade or business, or is in possession of any goods for sale with a false trade description, commits an offence. The maximum penalty upon conviction is a fine of \$500,000 and imprisonment for five years.

Members of the public may report any suspected violation of the TDO to Customs' 24-hour hotline 2545 6182 or its dedicated crime-reporting email account (crimereport@customs.gov.hk) or online form (eform.cefs.gov.hk/form/ced002/).

Update on cases of Legionnaires' disease

The Centre for Health Protection (CHP) of the Department of Health today (May 13) reported the latest number of cases of Legionnaires' disease (LD), and stressed the importance of using and maintaining properly designed manmade water systems, adding that susceptible groups should strictly observe relevant precautions.

From May 5 to 11, the CHP recorded one community-acquired LD case, involving a male patient, aged 63 with good past health, who lives in Sai Kung District.

"Epidemiological investigations are ongoing to identify potential sources of infection, high-risk exposure and clusters, if any," a spokesman for the CHP said.

As of May 11, 31 LD cases had been recorded this year. In 2023 and 2022, there were 121 and 80 cases respectively.

"Men, people aged over 50, smokers, alcoholics and persons with weakened immunity are more susceptible to LD. Some situations may also increase the risk of infection, including poor maintenance of water systems; living in areas with old water systems, cooling towers or fountains; using electric water heaters, whirlpools and spas or hot water spring spas; and recent stays in hotels or vessels," the spokesman said.

Legionellae are found in various environmental settings and grow well in warm water (20 to 45 degrees Celsius). They can be found in aqueous environments such as water tanks, hot and cold water systems, cooling towers, whirlpools and spas, water fountains and home apparatus that support breathing. People may become infected when they breathe in contaminated droplets (aerosols) and mist generated by artificial water systems, or when handling garden soil, compost and potting mixes.

Immunocompromised persons should:

- Use sterile or boiled water for drinking, tooth brushing and mouth rinsing;
- Avoid using humidifiers, or other mist- or aerosol-generating devices;
 and
- If using humidifiers, or other mist- or aerosol-generating devices, fill the water tank with only sterile or cooled freshly boiled water, and not water directly from the tap. Also, clean and maintain humidifiers/devices regularly according to manufacturers' instructions. Never leave stagnant water in a humidifier/device. Empty the water tank, wipe all surfaces dry, and change the water daily.

â€<The public should observe the health advice below:

- Observe personal hygiene;
- Do not smoke and avoid alcohol consumption;
- Strainers in water taps and shower heads should be inspected, cleaned, descaled and disinfected regularly or at a frequency recommended by the manufacturer;
- If a fresh-water plumbing system is properly maintained, it is not necessary to install domestic water filters. Use of water filters is not encouraged as clogging occurs easily, which can promote growth of microorganisms. In case water filters are used, the pore size should be 0.2 micrometres (µm) and the filter needs to be changed periodically according to the manufacturer's recommendations;
- Drain and clean water tanks of buildings at least quarterly;
- Drain or purge for at least one minute infrequently used water outlets (e.g. water taps, shower heads and hot water outlets) and stagnant points of the pipework weekly or before use;
- Seek and follow doctors' professional advice regarding the use and maintenance of home respiratory devices and use only sterile water (not distilled or tap water) to clean and fill the reservoir. Clean and maintain the device regularly according to the manufacturer's instructions. After cleaning/disinfection, rinse the device with sterile water, cooled freshly boiled water or water filtered with 0.2 μm filters. Never leave stagnant water in the device. Empty the water tank, keep all surfaces dry, and change the water daily; and
- When handling garden soil, compost and potting mixes:
- 1. Wear gloves and a face mask;
- 2. Water gardens and compost gently using low pressure;
- 3. Open composted potting mixes slowly and make sure the opening is directed away from the face;
- 4. Wet the soil to reduce dust when potting plants; and
- 5. Avoid working in poorly ventilated places such as enclosed greenhouses.

â€<â€<The public may visit the CHP's <u>LD page</u>, the <u>Code of Practice for Prevention of LD</u> and the <u>Housekeeping Guidelines for Cold and Hot Water</u>

<u>Systems for Building Management</u> of the Prevention of LD Committee, and the CHP's <u>risk-based strategy</u> for prevention and control of LD.