Update on cases of Legionnaires' disease

The Centre for Health Protection (CHP) of the Department of Health today (July 8) reported the latest number of cases of Legionnaires' disease (LD), and stressed the importance of using and maintaining properly designed manmade water systems, adding that susceptible groups should strictly observe relevant precautions.

From June 30 to July 6, the CHP recorded one community-acquired LD case, involving a male patient, aged 57 with underlying illnesses, who lives in Islands District.

"Epidemiological investigations are ongoing to identify potential sources of infection, high-risk exposure and clusters, if any," a spokesman for the CHP said.

As of July 6, 52 LD cases had been recorded this year. In 2023 and 2022, there were 121 and 80 cases respectively.

"Men, people aged over 50, smokers, alcoholics and persons with weakened immunity are more susceptible to LD. Some situations may also increase the risk of infection, including poor maintenance of water systems; living in areas with old water systems, cooling towers or fountains; using electric water heaters, whirlpools and spas or hot water spring spas; and recent stays in hotels or vessels," the spokesman said.

Legionellae are found in various environmental settings and grow well in warm water (20 to 45 degrees Celsius). They can be found in aqueous environments such as water tanks, hot and cold water systems, cooling towers, whirlpools and spas, water fountains and home apparatus that support breathing. People may become infected when they breathe in contaminated droplets (aerosols) and mist generated by artificial water systems, or when handling garden soil, compost and potting mixes.

Immunocompromised persons should:

- Use sterile or boiled water for drinking, tooth brushing and mouth rinsing;
- Avoid using humidifiers, or other mist- or aerosol-generating devices;
 and
- If using humidifiers, or other mist- or aerosol-generating devices, fill the water tank with only sterile or cooled freshly boiled water, and not water directly from the tap. Also, clean and maintain humidifiers/devices regularly according to manufacturers' instructions. Never leave stagnant water in a humidifier/device. Empty the water tank, wipe all surfaces dry, and change the water daily.

â€<The public should observe the health advice below:

- Observe personal hygiene;
- Do not smoke and avoid alcohol consumption;
- Strainers in water taps and shower heads should be inspected, cleaned, descaled and disinfected regularly or at a frequency recommended by the manufacturer;
- If a fresh-water plumbing system is properly maintained, it is not necessary to install domestic water filters. Use of water filters is not encouraged as clogging occurs easily, which can promote growth of microorganisms. In case water filters are used, the pore size should be 0.2 micrometres (μ m) and the filter needs to be changed periodically according to the manufacturer's recommendations;
- Drain and clean water tanks of buildings at least quarterly;
- Drain or purge for at least one minute infrequently used water outlets (e.g. water taps, shower heads and hot water outlets) and stagnant points of the pipework weekly or before use;
- Seek and follow doctors' professional advice regarding the use and maintenance of home respiratory devices and use only sterile water (not distilled or tap water) to clean and fill the reservoir. Clean and maintain the device regularly according to the manufacturer's instructions. After cleaning/disinfection, rinse the device with sterile water, cooled freshly boiled water or water filtered with 0.2 μm filters. Never leave stagnant water in the device. Empty the water tank, keep all surfaces dry, and change the water daily; and
- When handling garden soil, compost and potting mixes:
- 1. Wear gloves and a face mask;
- 2. Water gardens and compost gently using low pressure;
- 3. Open composted potting mixes slowly and make sure the opening is directed away from the face;
- 4. Wet the soil to reduce dust when potting plants; and
- 5. Avoid working in poorly ventilated places such as enclosed greenhouses.

â€<â€<The public may visit the CHP's <u>LD page</u>, the <u>Code of Practice for Prevention of LD</u> and the <u>Housekeeping Guidelines for Cold and Hot Water</u>

<u>Systems for Building Management</u> of the Prevention of LD Committee, and the CHP's <u>risk-based strategy</u> for prevention and control of LD.

<u>DH conducts enforcement operation</u> <u>against waterpipe smoking in no</u>

smoking areas (with photos)

The Tobacco and Alcohol Control Office (TACO) of the Department of Health (DH) conducted an enforcement operation against illegal waterpipe smoking activities in no smoking areas in Wan Chai during the evening of July 6.

During the operation, officers from TACO (including plainclothes officers) issued a total of six fixed penalty notices (FPNs) to persons illegally smoking waterpipes at one bar. TACO officers also found that the bar was suspected of displaying smoking product advertisements and selling smoking products without displaying health warnings as required by law. TACO's investigation is ongoing and prosecution may be taken against operators of bars/restaurants suspected of violating the provisions of the Smoking (Public Health) Ordinance (Cap. 371) (the Ordinance) regarding the advertising of smoking products, and aiding and abetting smoking offences under the Criminal Procedure Ordinance (Cap. 221). TACO will also refer the case involving the sale of smoking products without displaying the required health warnings to the Hong Kong Customs and Excise Department for follow-up.

Under the Ordinance, conducting a smoking act in a statutory no smoking area (such as indoor areas of bars or restaurants) is prohibited. Any person doing a smoking act in statutory no smoking areas are liable to a fixed penalty of \$1,500. Moreover, where smoking products (including waterpipes) are sold, in bars or otherwise, the restrictions on the promotion and sale of smoking products stipulated in the Ordinance apply. Offenders are liable on summary conviction to a maximum fine of \$50,000. Venue managers of statutory no smoking areas are empowered by the Ordinance to request the smoking offender to cease the act; if the offender is not co-operative, he/she may contact the Police for assistance.

Also, under the Criminal Procedure Ordinance, any person who aids, abets, counsels or procures the commission by another person of any offence shall be guilty of the like offence. A spokesman for the DH appeals to operators and venue mangers of bars/restaurants not to assist any person in breaching the statutory smoking prohibitions, or provide a waterpipe apparatus and tobacco for customers to use.

The DH spokesman stressed that TACO will follow up and investigate every complaint about illegal smoking, and will conduct inspections and take enforcement action in the venue concerned. TACO will also conduct joint inspections and enforcement actions (including plainclothes operations) with other law enforcement agencies from time to time with a view to enhancing the effectiveness of law enforcement. The DH will continue to closely monitor and take stringent enforcement actions to tackle illegal waterpipe smoking. In the past 12 months, TACO conducted 68 operations against illegal waterpipe smoking activities in no smoking areas. A total of 130 FPNs were issued against smoking offenders, while 74 summonses were issued to staff members

and operators of the bars/restaurants for other related offences.

The spokesman said that a waterpipe is a smoking product, and its combustion of fuel (e.g. charcoal) releases high concentrations of carbon monoxide. Due to deeper inhalation and a longer smoking session, waterpipe users usually inhale more toxins than they would when smoking cigarettes. A typical one-hour waterpipe smoking session exposes the user to 100 to 200 times the volume of smoke inhaled from a single conventional cigarette. Moreover, sharing a waterpipe apparatus increases the risk of infectious disease transmission such as tuberculosis. Furthermore, the areas in bars/restaurants where waterpipes are handled or kept have been found to be unhygienic during previous enforcement operations. The spokesman cautions against waterpipe smoking or the use of other smoking products. Smokers should quit smoking as early as possible for their own health and that of others. For more information on the hazards of waterpipe smoking, please visit www.livetobaccofree.hk/pdfs/waterpipe_leaflet_new.pdf.







HAD opens temporary heat shelters

The Home Affairs Department will continue to open 19 community halls/community centres as temporary heat shelters today (July 8).

The temporary heat shelters will remain open for people to take refuge from the heat when the Very Hot Weather Warning is in force. From 10.30pm to 8am the next day, the temporary heat shelters will also provide bedding and a sleeping place for people in need. The shelters are manned by duty attendants.

For further information, please call the department's hotline before midnight on 2572 8427.

The heat shelters are located at:

Hong Kong Island:

Central and Western —
Sai Ying Pun Community Complex Community Hall
3/F, Sai Ying Pun Community Complex
2 High Street, Sai Ying Pun

Eastern —
Causeway Bay Community Centre
3/F, 7 Fook Yum Road, Causeway Bay

Southern — Lei Tung Community Hall Lei Tung Estate, Ap Lei Chau

Wan Chai — Wan Chai Activities Centre LG/F, Wan Chai Market, 258 Queen's Road East, Wan Chai

Kowloon Districts:

Kowloon City — Hung Hom Community Hall 1/F, Kowloon City Government Offices 42 Bailey Street, Hung Hom

Kwun Tong —
Lam Tin (West) Estate Community Centre
71 Kai Tin Road, Lam Tin

Sham Shui Po —
Shek Kip Mei Community Hall
G/F, Block 42, Shek Kip Mei Estate, Sham Shui Po

Wong Tai Sin -Tsz Wan Shan (South) Estate Community Centre 45 Wan Wah Street, Tsz Wan Shan

Yau Tsim Mong -Henry G Leong Yaumatei Community Centre 60 Public Square Street, Yau Ma Tei

New Territories Districts:

Islands -

Tung Chung Community Hall

G/F, Tung Chung Municipal Services Building, 39 Man Tung Road, Tung Chung

Kwai Tsing -

Kwai Shing Community Hall

Podium, Block 6, Kwai Shing West Estate, Kwai Chung

North -

Cheung Wah Community Hall Cheung Wah Estate, Fanling

Sai Kung -

Hang Hau Community Hall

G/F, Sai Kung Tseung Kwan O Government Complex, 38 Pui Shing Road, Hang Hau, Tseung Kwan 0

Sha Tin -

Lung Hang Estate Community Centre

Lung Hang Estate, Sha Tin

Tai Po -

Tai Po Community Centre

2 Heung Sze Wui Street, Tai Po

Tsuen Wan -

Lei Muk Shue Community Hall

G/F, Hong Shue House, Lei Muk Shue Estate, Tsuen Wan

Tuen Mun -

Butterfly Bay Community Centre

Butterfly Estate (near Tip Sum House), Tuen Mun

Yuen Long -

Long Ping Community Hall

Long Ping Estate, Yuen Long

Yuen Long -

Tin Yiu Community Centre

Tin Yiu Estate, Tin Shui Wai

In addition to the above heat shelters, a number of community halls/community centres can also be used for taking refuge from the heat during their operating hours. For their address details, please browse the following

document: www.had.gov.hk/file_manager/en/documents/public_services/emergency_ services/List CH CC Day E.pdf.

Appeal for information on missing woman in Tin Shui Wai (with photo)

Police today (July 8) appealed to the public for information on a woman who went missing in Tin Shui Wai.

Lai Mei-lin Elza, aged 57, went missing after she was last seen in Mong Tseng Tsuen on July 4 morning. Her family made a report to Police yesterday (July 7).

She is about 1.65 metres tall, 75 kilograms in weight and of fat build. She has a round face with yellow complexion and short black hair. She was last seen wearing a floral short-sleeved T-shirt, dark-coloured trousers and slippers.

Anyone who knows the whereabouts of the missing woman or may have seen her is urged to contact the Regional Missing Person Unit of New Territories North on 3661 3128 or 6273 5787 or email to rmpu-ntn-1@police.gov.hk, or contact any police station.



Fraudulent website and phishing emails related to China CITIC Bank International Limited

The following is issued on behalf of the Hong Kong Monetary Authority:

The Hong Kong Monetary Authority (HKMA) wishes to alert members of the public to a press release issued by China CITIC Bank International Limited relating to a fraudulent website and phishing emails, which have been reported to the HKMA. A hyperlink to the press release is available on the HKMA website.

The HKMA wishes to remind the public that banks will not send SMS or emails with embedded hyperlinks which direct them to the banks' websites to carry out transactions. They will not ask customers for sensitive personal information, such as login passwords or one-time password, by phone, email or SMS (including via embedded hyperlinks).

Anyone who has provided his or her personal information, or who has conducted any financial transactions, through or in response to the website or emails concerned, should contact the bank using the contact information provided in the press release, and report the matter to the Police by contacting the Crime Wing Information Centre of the Hong Kong Police Force at 2860 5012.