

## [Phishing email related to The Hongkong and Shanghai Banking Corporation Limited](#)

The following is issued on behalf of the Hong Kong Monetary Authority:

The Hong Kong Monetary Authority (HKMA) today (July 30) wishes to alert members of the public to a press release issued by The Hongkong and Shanghai Banking Corporation Limited on phishing email, which has been reported to the HKMA. Hyperlink to the press release is available on [the HKMA website](#) for ease of reference by members of the public.

Anyone who has provided his or her personal information to the email concerned or has conducted any financial transactions through the email should contact the bank concerned using the contact information provided in the press release, and report to the Police or contact the Cyber Security and Technology Crime Bureau of the Hong Kong Police Force at 2860 5012.

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## [CHP reminds public on precautions against heat stroke during very hot weather](#)

The Centre for Health Protection (CHP) of the Department of Health (DH) today (July 30) reminded members of the public, particularly those undertaking outdoor activities, to take heed of necessary measures against heat stroke and sunburn in very hot weather.

"The public should carry and drink plenty of water to prevent dehydration while engaging in outdoor activities," a spokesman for the CHP said.

"Those engaged in strenuous outdoor activities should avoid beverages containing caffeine, such as coffee and tea, as well as alcohol, as they speed up water loss through the urinary system," the spokesman explained.

"The obese, the sick, including those with heart disease or high blood pressure, the old and the young are more vulnerable to heat-related illnesses. They should pay special attention," the spokesman added.

The public should adopt the following precautions:

- Wear loose and light-coloured clothing to reduce heat absorption and facilitate sweat evaporation and heat dissipation;
- Avoid vigorous exercise and prolonged activities like hiking or trekking as heat, sweating and exhaustion place additional demands on the physique;
- Perform outdoor activities in the morning or late afternoon;
- For indoor activities, open all windows, use a fan or use air-conditioning to maintain good ventilation; and
- Reschedule work to cooler times of the day.

If working in a hot environment is inevitable, introduce shade in the workplace where practicable, and start work slowly and pick up the pace gradually. Get into a cool area for rest at regular intervals to allow the body to recuperate.

The public should also note the latest and the forecast Ultraviolet (UV) Index released by the Hong Kong Observatory (HKO). When the UV Index remains high (6 or above):

- Minimise direct exposure of the skin and the eyes to sunlight;
- Wear loose long-sleeved clothing made of close-woven fabrics;
- Wear a wide brim hat or use an umbrella;
- Seek a shaded area or put on UV-blocking sunglasses;
- Apply a broad-spectrum sunscreen lotion with a sun protection factor (SPF) of 15 or above. Apply liberally and reapply after swimming or sweating; and
- While using DEET-containing insect repellents for personal protection against mosquito-borne diseases, apply sunscreen first, then insect repellent.

If symptoms develop, such as dizziness, headache, nausea, shortness of breath or confusion, rest and seek help immediately, and seek medical advice as soon as possible.

The public may get more information from the DH's Health Education Hotline (2833 0111), [heat stroke](#) page and [UV radiation](#) page; the HKO's Dial-a-Weather (1878 200), latest [weather and forecast](#), [UV Index](#) and weather information for [hiking and mountaineering](#); and [press releases](#) of the Labour Department on precautions against heat stroke for outdoor workers and their employers when the Very Hot Weather Warning is in force.

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## [Assess the risk of heat stroke to employees](#)

Attention duty announcers, radio and TV stations:

Please broadcast the following special announcement immediately, and repeat it at frequent intervals when the Very Hot Weather Warning is in force:

The Labour Department reminds employers that as the Very Hot Weather Warning is in force, they should assess the risk of heat stroke to their employees and adopt effective preventive measures such as providing cool drinking water, setting up temporary sunshade and providing mechanical aids to reduce physical exertion of employees. Employees should drink water regularly and be mindful of their physical condition. If early heat stroke symptoms such as headache and thirst appear, they should inform their supervisors and seek medical help immediately.

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## **Very Hot Weather Warning issued**

Attention TV/radio announcers:

Please broadcast the following as soon as possible:

The Hong Kong Observatory has issued the Very Hot Weather Warning.

To prevent heat stroke, avoid prolonged activities outdoors.

If engaged in outdoor work or activities, wear a wide-brimmed hat and light-coloured, loose-fitting clothes. Stay in shaded areas as much as possible.

Drink plenty of water, and avoid beverages containing caffeine or alcohol.

If you feel sick, consult a doctor right away.

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## **Hong Kong House at Echigo-Tsumari Art Triennale 2018 opens (with photos)**

The Hong Kong House at the Echigo-Tsumari Art Triennale 2018 opened in Tsunan, Japan, today (July 29), aiming to connect the people and cultures of Hong Kong and Japan through art. The Hong Kong House is co-presented by the Leisure and Cultural Services Department (LCSD) and the Echigo-Tsumari Art Triennale for the first time.

Speaking at the opening ceremony, the Director of Leisure and Cultural Services, Ms Michelle Li, said that as an incubator and promoter of Hong Kong art, the LCSD is deeply honoured to participate in this world-renowned art festival. She expressed the hope that the Hong Kong House will serve as a sustainable platform for cross-disciplinary arts and cultural exchanges between Hong Kong and Japan, as well as a showcase of Hong Kong's art talent. Ms Li said she also believed that the Hong Kong House will not only become a base for Hong Kong artists to explore rural nature and local culture in Japan, but also an art hub for further international exchanges.

An open call for architectural design proposals and artwork proposals for the Hong Kong House was held by the Art Promotion Office (APO) during July and August last year. From the hundreds of proposals received, an architect team consisting of Yip Chun-hang, Otto Ng, Adam Kor, Lau Chun-tat, Lee Lit-kwan, Lau Yip-fay and Yau Chiu-ting was selected to be responsible for the exterior, structural and interior design of the Hong Kong House, while three artist groups comprising Leung Chi Wo + Sara Wong, Annie Wan, and L sub (Pak Sheung-chuen, Wendy Wo and Yim Sui-fong) have been commissioned to showcase their artworks at the Hong Kong House in 2018, 2019 and 2020 respectively.

Apart from presenting artworks by Hong Kong artists, a range of special programmes and fringe activities will be held over the three years, including workshops by artists, performances, sonic experience programmes, writer-in-residence programmes, literature sharing and printmaking activities.

The Hong Kong House is now running the "Tsunan Museum of the Lost" exhibition till September 17, with the participating artists being Leung Chi Wo + Sara Wong. A variety of fringe activities will also be held in the Hong Kong House by activity collaborators, including soundpocket, Art Appraisal Club and Fleurs des Lettres, from July to September. For details of the events, please visit the Facebook page of the project at [www.facebook.com/apo.hkhouse](http://www.facebook.com/apo.hkhouse).

Other officiating guests at the ceremony included the Chairman of the Art Sub-committee of the Museum Advisory Committee, Mr Vincent Lo; the Principal Hong Kong Economic and Trade Representative (Tokyo), Ms Shirley Yung; the Mayor of Tsunan Town, Mrs Haruka Kuwabara; the Chairman of the Echigo-Tsumari Art Triennale Executive Committee, Mr Yoshifumi Sekiguchi; the General Director of the Echigo-Tsumari Art Triennale, Mr Fram Kitagawa; the Director of the Hong Kong Academy for Performing Arts, Professor Adrian Walter; and the Head of the APO, Dr Lesley Lau.

The Echigo-Tsumari Art Triennale is one of the largest international outdoor art festivals in the world and is held once every three years in the Echigo-Tsumari region. Using farmland as the stage and art as a catalyst, the Triennale provides a platform to present projects and initiatives which aim to reveal existing assets of the region and rebuild the relationship between humans and nature through artistic creation, appreciation and participation. Since 2000, over 700 artists from all over the world have made use of the plentiful resources from the land and the community to create more than 1 000

pieces of art. Abandoned houses and schools in Echigo-Tsumari are adaptively reused and transformed into stages to showcase artworks and creative ideas.

The Hong Kong House is presented by the LCSD and organised by the APO, with the collaboration of the Echigo-Tsumari Art Triennale Executive Committee and the Hong Kong Academy for Performing Arts. The activity collaborators are soundpocket, Fleurs des Lettres, Art Appraisal Club and Hong Kong Open Printshop. The project is also supported by the Hong Kong Economic and Trade Office, Tokyo. For details, please visit the project's website at [www.lcsd.gov.hk/CE/Museum/APO/en\\_US/web/apo/hong\\_kong\\_house\\_echigo\\_tsumari\\_art\\_triennale\\_2018.html](http://www.lcsd.gov.hk/CE/Museum/APO/en_US/web/apo/hong_kong_house_echigo_tsumari_art_triennale_2018.html), or call 2512 3018, 2512 3019 or 2512 3020.

The Hong Kong House is located at 29 – 4 Miyanohara, Kamigo, Tsunan-machi, Nakauonuma-gun, Niigata Prefecture, Japan.



