

## Missing man in Kwun Tong located

A man who went missing in Kwun Tong has been located.

Zhuang Ruguo, aged 45, went missing after he was last seen on Cha Kwo Ling Road on May 21 morning. His family made a report to Police on the same day.

The man returned to his residence on May 26 night. He sustained no injuries and no suspicious circumstances were detected.

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## Employers and employees should take precautions against heat stroke

As the Hong Kong Observatory has issued the Very Hot Weather Warning, the Labour Department (LD) reminds employers and employees to take appropriate precautions to prevent heat stroke.

Heat stroke could occur if an employee works in a hot or humid environment for prolonged periods of time, as the body may fail to regulate its temperature by effective heat dissipation through sweating.

The early symptoms of heat stroke include feeling thirsty, fatigue, nausea and headache. Later, the victim may experience shortness of breath, rapid and weak pulse, dizziness, confusion or even loss of consciousness and convulsion.

For example, construction workers, cleaning workers, kitchen workers and porters are more prone to heat stroke when working for long hours in such an environment, especially if appropriate preventive measures have not been taken.

The LD reminds employers to arrange for a suitable assessment of the risk of heat stress in the work environment and take appropriate preventive measures. The LD has produced two leaflets entitled "Checklist for Heat Stress Assessment at Construction Sites" and "Checklist for Heat Stress Assessment at Outdoor Cleansing Workplaces" respectively. Employers engaged in construction or outdoor cleaning work are advised to refer to these checklists in assessing the risk of heat stress at their workplaces. As for heat stress assessment at a workplace in general, employers can refer to a booklet entitled "Risk Assessment for the Prevention of Heat Stroke at Work" produced by the LD.

The LD also reminds employers and employees to take the following precautions to prevent heat stroke:

#### Employers

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- (1) Take heed of the weather report and adopt shift work arrangements for employees to reduce their exposure to the hot environment, or arrange appropriate rest breaks for them during very hot periods;
- (2) Avoid working under direct sunlight and set up temporary sunshade wherever possible;
- (3) Provide cool potable water for employees at all times during work. If necessary, provide drinks containing minerals for employees to replenish loss of electrolytes during profuse sweating;
- (4) Minimise physical demands by using tools or mechanical aids at work;
- (5) Increase air flow by enhancing ventilation or air-conditioning as appropriate;
- (6) Isolate heat-generating facilities at the workplace and use insulating materials to minimise heat dissipation to the other work areas; and
- (7) Provide relevant information and training for employees on heat stroke such as preventive measures and first aid treatment.

#### Employees

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- (1) Wear clothing made of suitable materials (for example, cotton) that is loose-fitting and light-coloured to help heat dissipation, minimise heat absorption and allow sweat evaporation;
- (2) Wear a wide-brimmed hat when working outdoors;
- (3) Drink plenty of water or other appropriate beverages to replenish the fluids and electrolytes lost through sweating; and
- (4) Whenever there are any symptoms of heat stroke, inform supervisors and take appropriate actions immediately.

Some employees may have difficulty in adapting to a hot working environment owing to their own health conditions. Employers should take this into account and consider the recommendations of their doctors when assigning work to these employees.

In addition to the publications on risk assessment, the LD has produced a leaflet entitled "Prevention of Heat Stroke at Work in a Hot Environment" for the public. The publications can be obtained free of charge from the offices of the Occupational Health Service of the LD, or downloaded from the department's webpage at [www.labour.gov.hk/eng/public/content2\\_9.htm](http://www.labour.gov.hk/eng/public/content2_9.htm).

The LD organises occupational health talks in public places and at its own training venues regularly to raise employers' and employees' awareness of occupational health. Details of health talks on the prevention of heat stroke at work in May and June are as follows:

(A)

Dates: June 4, 19 and 26 (am) and June 7 and 22 (pm)

Time: Half-day

Venue: Occupational Safety and Health Training Centre of the Labour Department, 13/F, Kolour Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

(B)

Dates: May 29 and June 8

Time: Half-day, morning

Venue: Occupational Safety and Health Centre of the Labour Department, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong (MTR Kwun Tong Station Exit A1)

(C)

Date: June 13

Time: 3pm to 4.30pm

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon (MTR Tsim Sha Tsui Station Exit E)

For enrolment or enquiries about these occupational health talks, please call 2852 4040 or 2361 8240 (for talks organised at the Occupational Safety and Health Centre). Moreover, the LD also provides an outreach health education service and occupational health nurses will, on invitation, disseminate occupational health information at workplaces at a convenient time. Please contact the nursing officer at 2852 4062 for details. All these health talks are free of charge.

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## [Labour Department to hold occupational health public talks](#)

The Labour Department (LD) will hold a public talk entitled "Prevention of lower limb disorders" on June 4 (Monday). The talk will introduce symptoms of common lower limb disorders, including plantar fasciitis, varicose vein and knee osteoarthritis, as well as their treatment and preventive measures.

The talk will be held at 6.30pm at Activity Room 1, Hong Kong Central Library, 66 Causeway Road, Causeway Bay. An occupational health nurse from the LD will lead practical demonstrations of workplace exercises.

The LD will hold another talk entitled "Health hazards of hot environment at work" on June 13 (Wednesday). The talk, designed for workers in hot environments to enhance their awareness of heat stroke prevention, will include symptoms of heat stroke, its first aid management and preventive measures.

The talk, to be given by the LD's occupational health nurse and occupational hygienist, will be held at 3pm in the Lecture Hall of the Hong

Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui.

Both talks will be conducted in Cantonese. Admission is free. For enquiries or registration, please call 2852 4040.

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## Firing practice for June 2018

Firing practice will take place at two military sites, namely the San Wai/Tai Ling Firing Range and the Tsing Shan Firing Range, next month (June).

Red flags or red lamps will be hoisted at the firing areas before and during firing practice. For their safety, people are advised not to enter the firing area.

Following are the dates and times for the firing practice sessions in June 2018:

San Wai/Tai Ling Firing Range

Date	Time
June 1 (Friday)	8am-9pm
June 2 (Saturday)	8am-9pm
June 4 (Monday)	8am-9pm
June 5 (Tuesday)	8am-9pm
June 6 (Wednesday)	8am-9pm
June 7 (Thursday)	8am-9pm
June 8 (Friday)	8am-9pm
June 9 (Saturday)	8am-9pm
June 11 (Monday)	8am-9pm
June 12 (Tuesday)	8am-9pm
June 13 (Wednesday)	8am-9pm
June 14 (Thursday)	8am-9pm
June 15 (Friday)	8am-9pm
June 16 (Saturday)	8am-9pm
June 19 (Tuesday)	8am-9pm
June 20 (Wednesday)	8am-9pm
June 21 (Thursday)	8am-9pm
June 22 (Friday)	8am-9pm
June 23 (Saturday)	8am-9pm
June 25 (Monday)	8am-9pm
June 26 (Tuesday)	8am-9pm
June 27 (Wednesday)	8am-9pm
June 28 (Thursday)	8am-9pm
June 29 (Friday)	8am-9pm
June 30 (Saturday)	8am-9pm

## Tsing Shan Firing Range

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Date	Time
June 1 (Friday)	8am-9pm
June 2 (Saturday)	8am-9pm
June 4 (Monday)	8am-9pm
June 5 (Tuesday)	8am-9pm
June 6 (Wednesday)	8am-9pm
June 7 (Thursday)	8am-9pm
June 8 (Friday)	8am-9pm
June 9 (Saturday)	8am-9pm
June 11 (Monday)	8am-9pm
June 12 (Tuesday)	8am-9pm
June 13 (Wednesday)	8am-9pm
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June 28 (Thursday)	8am-9pm
June 29 (Friday)	8am-9pm
June 30 (Saturday)	8am-9pm

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## SFST to visit San Francisco

The Secretary for Financial Services and the Treasury, Mr James Lau, will leave for San Francisco, the United States, early tomorrow morning (May 29) for a three-day visit to learn about the city's experience in developing financial technology (fintech) and to promote Hong Kong as a preferred listing platform for both initial public offerings and secondary listings.

While in San Francisco, Mr Lau will visit a number of financial institutions and technology companies including startups, innovation centres, incubators and a payments technology enterprise.

In addition, he will meet with venture capitalists, university professors, members of the business sector and professionals to discuss opportunities in Hong Kong and areas for collaboration. He will also pay a courtesy call on the Consul General of the People's Republic of China in San Francisco, Ambassador Luo Linquan.

In addition, Mr Lau will give keynote speeches at two luncheons hosted by the Hong Kong Economic and Trade Office in San Francisco for fintech and business leaders to introduce the latest developments of the Hong Kong financial market and efforts by the Government in promoting fintech and green finance.

Mr Lau will return to Hong Kong on Saturday (June 2). During his absence, the Under Secretary for Financial Services and the Treasury, Mr Joseph Chan, will be the Acting Secretary for Financial Services and the Treasury.