

Correctional officers stopped fighting among remand persons in custody

Correctional Officers at Pik Uk Correctional Institution stopped a fight among persons in custody yesterday (December 8).

At 4.53pm yesterday, eight male remand persons in custody, aged between 17 and 20, engaged in a fight inside the dining hall. Officers at the scene immediately stopped the fight and called for reinforcement.

Three remand persons in custody sustained minor injuries on head, hand and foot respectively in the incident. After examination and treatment by the institution Medical Officer, they did not need to be sent to public hospital.

The case has been reported to the Police for investigation.

The eight remand persons in custody were remanded for the offences of trafficking in dangerous drugs, forcible taking or detention of persons with intent to sell, robbery and burglary respectively.

Liquor Licensing Board to meet on Tuesday

The following is issued on behalf of the Liquor Licensing Board:

The Liquor Licensing Board will meet on Tuesday (December 11) to consider an application for renewal and amendment of liquor licence.

The application is:

Salon No.10 in Central

The board will also consider revoking the liquor licences of MIMI and KENNEDY TYPE in Tsim Sha Tsui.

The meeting will be held at 9.45am in the conference room, Room 102, 1/F, 258 Queen's Road East, Wan Chai. Members of the public are welcome to attend, except during the private session on confidential items.

[DH echoes Hong Kong Cancer Day 2018](#)

The Department of Health (DH) today (December 9) urged the public to learn about health-related harms of alcohol to prevent cancer to tie in with Hong Kong Cancer Day 2018. Hong Kong Cancer Day is an annual event that has been held by the Hong Kong Anti-Cancer Society on the second Sunday of December since 2013. As a co-organiser, the DH set up a booth at today's event to raise public awareness of various alcohol-related harms.

A spokesman for the DH said, "Alcohol is classified as Group 1 carcinogen by the International Agency for Research on Cancer of the World Health Organization (WHO) as there is sufficient evidence that alcohol causes at least seven types of cancers, including colorectal cancer, breast cancer and liver cancer. To combat the threat of non-communicable diseases such as cancer, the Government earlier this year announced 'Towards 2025: Strategy and Action Plan to Prevent and Control Non-communicable Diseases in Hong Kong', setting out nine local targets to be achieved by 2025. Among the targets, the Government aims to achieve at least 10 per cent relative reduction in the prevalence of binge drinking and harmful use of alcohol, including harmful drinking and alcohol dependence, among adults and in the prevalence of drinking among youths."

The spokesman stressed that there is no safe or recommended level of drinking to be protective against cancer formation. The WHO has never recommended alcohol drinking for the sake of improving health. Carrying 7 kilocalories (kcal) per gram, alcohol is also extremely calorific, second only to fat. Alcohol consumption easily contributes to the excess energy intake associated with weight gain in individuals. In fact, there are researches suggesting obesity per se could directly increase the risk of more than 10 cancers like liver cancer, prostate cancer, colorectal cancer and breast cancer. Hence, maintaining a healthy weight is also an effective way to prevent cancers.

To learn more about reducing the harmful use of alcohol, please visit the [relevant webpage](#) on the DH's ["Change for Health" website](#). Members of the public can also make use of the [Alcohol Use Disorders Identification Test](#) on the website to assess their alcohol use and potential health risks.

[Special traffic arrangements for race meeting in Sha Tin](#)

Police advise motorists that special traffic arrangements will be implemented in Sha Tin to facilitate the race meeting today (December 9).

The arrangements will come into effect two hours before the start of the first race and will last until the crowds have dispersed after the race meeting.

Appropriate traffic signs will be put up and police will be on hand to guide motorists.

The Police also appeal to people going to Sha Tin Racecourse for the race meeting and to Happy Valley Racecourse for cross betting to make maximum use of public transport.

Parking spaces at the two racecourses are available only to holders of appropriate permits issued by Hong Kong Jockey Club and any vehicles illegally parked will be towed away.

Red flag hoisted at Clear Water Bay Second Beach

Attention TV/radio announcers:

Please broadcast the following as soon as possible:

Here is an item of interest to swimmers.

The Leisure and Cultural Services Department announced today (December 9) that due to big waves, red flag has been hoisted at Clear Water Bay Second Beach in Sai Kung District. Beach-goers are advised not to swim at the beach.