

Exhibition of flower show winning photos at Kowloon Park (with photos)

Winning entries of the "When Dreams Blossom" photo competition of the annual Hong Kong Flower Show, which was held in March at Victoria Park, are now on display in the Kowloon Park Arcade until July 31, from 7am to 11pm daily. Admission to the exhibition is free.

The photo competition, jointly organised by the Leisure and Cultural Services Department (LCSD) and Television Broadcasts Limited (TVB), was one of the show's major fringe activities to promote community greening.

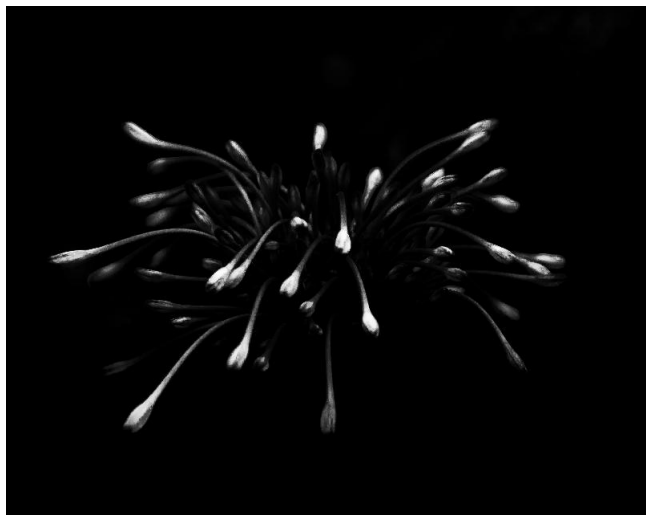
The competition was divided into three categories – Category A: Portrait of TVB Artistes and Miss Hong Kong (Open Section and Student Section); Category B: Flowers; and Category C: Snapshots.

This year, the competition received over 4 600 entries including photographs of beautiful flowers and plants, pictures of interesting features, and portraits of artistes from TVB and Miss Hong Kong 2018 titleholders posing in the garden displays.

The winning entries have also been uploaded to the flower show webpage at www.hkflowershow.hk/en/hkfs/2019/photo_rs.php. For enquiries, please call 2601 8260.

The flower show was organised by the LCSD. The Hong Kong Jockey Club Charities Trust supported the flower show for the seventh consecutive year and has been its Major Sponsor since 2014. The photo competition was sponsored by Vitec Imaging Distribution HK Limited and Tamron Industries (Hong Kong) Limited.





[Lifesaving services suspended at Cafeteria New Beach](#)

Attention TV/radio announcers:

Please broadcast the following as soon as possible and repeat it at regular intervals:

The Leisure and Cultural Services Department announced today (July 15) that due to an insufficient number of lifeguards on duty, the lifesaving services at Cafeteria New Beach in Tuen Mun District have been suspended until further notice.

However, first aid services will be maintained at the beach.

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[Applications open for assignment of shared spectrum in 26 GHz and 28 GHz bands](#)

The Office of the Communications Authority (OFCA) today (July 15) invited applications for assignment of spectrum in the 26 GHz band (24.25 – 27.5 GHz) and the 28 GHz band (27.5 – 28.35 GHz) (26/28 GHz bands) on a geographically sharing basis (shared spectrum), for the provision of innovative wireless broadband services based on the fifth generation (5G) or other advanced mobile technologies.

This invitation follows the decisions of the Communications Authority (CA) and the Secretary for Commerce and Economic Development on December 13, 2018, to set aside 400 MHz of spectrum in the 26/28 GHz bands as shared spectrum for the provision of localised and innovative wireless broadband services. To facilitate the entry of a wide range of service providers, assignment of the shared spectrum will be made under a newly created localised wireless broadband service (LWBS) licence with less stringent requirements as compared with conventional public mobile services licensed under the Unified Carrier Licence. A sample LWBS licence is available at the CA's website:

www.coms-auth.hk/filemanager/common/licensing/sample_lwbs_licence.pdf.

"The shared spectrum will be assigned for use in different specified locations such as university campuses, industrial estates, the airport and technology parks on a geographically sharing basis, with the total network coverage of each assignee not exceeding 50 square kilometres. Such an arrangement will allow the shared spectrum to be deployed for a great variety of innovative 5G services and applications," a spokesperson for the OFCA said.

"To encourage innovation, the shared spectrum will not be assigned for the provision of conventional public mobile services. Also, assignees already assigned spectrum in the 26/28 GHz bands designated for the provision of conventional large-scale 5G services will not be eligible for assignment of the shared spectrum," the spokesperson added.

Detailed arrangements and relevant information for submission of applications are set out in the Guidelines for Submission of Applications for Assignment of Shared Spectrum in the 26 GHz and 28 GHz Bands, which together with the application form can be downloaded from the OFCA's website

(www.ofca.gov.hk/en/industry_focus/radio_spectrum/administrative_assignment_of_spectrum/26_ghz_and_28_ghz_bands_licensing/index.html). Subject to the merits of proposals in applications received, the CA will decide whether and, if so, how much of the shared spectrum should be assigned to an applicant. An LWBS licence will be issued to each successful applicant to effect the spectrum assignment.

Parties interested in the assignment of the shared spectrum should submit their applications to the OFCA in accordance with the requirements set out in the Guidelines. Assignment will be made on a first-come, first-served basis.

Employers and employees should take precautions against heat stroke

As the Hong Kong Observatory has issued the Very Hot Weather Warning, the Labour Department (LD) reminds employers and employees to take appropriate precautions to prevent heat stroke when working in a hot or humid environment.

Heat stroke could occur if an employee works in a hot or humid environment for prolonged periods of time, as the body may fail to regulate its temperature by effective heat dissipation through sweating.

The symptoms of heat-related illnesses include feeling thirsty, fatigue, nausea, vomiting, headache, dizziness, muscle spasm or even mental confusion, and loss of consciousness or convulsion in severe cases.

Construction workers, cleaning workers, kitchen workers and porters, for example, are more prone to heat stroke as they may be working for long hours in such an environment, especially if appropriate preventive measures have not been taken.

The LD reminds employers to arrange for a suitable assessment of the risk of heat stress in the work environment and take appropriate preventive measures. The LD has produced two leaflets entitled "Checklist for Heat Stress Assessment at Construction Sites" and "Checklist for Heat Stress Assessment at Outdoor Cleansing Workplaces" respectively. Employers engaged in construction or outdoor cleaning work are advised to refer to these checklists in assessing the risk of heat stress at their workplaces. As for heat stress assessment at a workplace in general, employers can refer to a booklet entitled "Risk Assessment for the Prevention of Heat Stroke at Work" produced by the LD.

The LD also reminds employers and employees to take the following

precautions to prevent heat stroke:

Employers

- (1) Take heed of the weather report and adopt shift work arrangements for employees to reduce their exposure to the hot environment, or arrange appropriate rest breaks for them during very hot periods;
- (2) Avoid working under direct sunlight and set up temporary sunshade wherever possible;
- (3) Provide cool potable water for employees at all times during work. If necessary, provide drinks containing electrolyte for employees to replenish loss of salt during profuse sweating;
- (4) Minimise physical demands by using tools or mechanical aids at work;
- (5) Increase air flow by enhancing ventilation or air-conditioning as appropriate;
- (6) Isolate heat-generating facilities at the workplace and use insulating materials to minimise heat dissipation to the other work areas; and
- (7) Provide relevant information and training for employees on heat stroke such as preventive measures and first aid treatment.

Employees

- (1) Wear clothing made of suitable materials (for example, cotton) that is loose-fitting and light-coloured to help heat dissipation, minimise heat absorption and allow sweat evaporation;
- (2) Wear a wide-brimmed hat when working outdoors;
- (3) Drink plenty of water or other appropriate beverages with electrolytes to replenish the fluids and salt lost through sweating; and
- (4) Whenever there are any symptoms of heat-related illnesses, rest in a cool or shady place and drink water, inform supervisors to take appropriate actions immediately.

Some employees may have difficulty in adapting to a hot working environment owing to their own health conditions. Employers should take this into account and consider the recommendations of their doctors when assigning work to these employees.

In addition to the publications on risk assessment, the LD has produced a leaflet entitled "Prevention of Heat Stroke at Work in a Hot Environment" for the public. The publications can be obtained free of charge from the offices of the Occupational Health Service of the LD, or downloaded from the department's webpage at www.labour.gov.hk/eng/public/content2_9.htm.

The LD organises occupational health talks in public places and at its own training venues regularly to raise employers' and employees' awareness of occupational health. Details of health talks on the prevention of heat stroke at work in a hot environment in July to September are as follows:

(A)

Dates: July 18 and 29, August 13, 15 and 26, September 5, 17 and 27 (am);

July 24, August 5, 20 and 29, September 9 and 24

(pm)

Time: Half-day

Venue: Occupational Safety and Health Training Centre of the Labour Department, 13/F, KOLOUR·Tsuen Wan I, 68 Chung On Street, Tsuen Wan, New Territories

(B)

Dates: July 26, August 9 and 27

Time: Half-day, morning

Venue: Occupational Safety and Health Centre of the Labour Department, G/F, Kwun Tong Community Health Centre Building, 60 Hip Wo Street, Kwun Tong (MTR Kwun Tong Station Exit A1)

(C)

Date: July 24 and August 26

Time: 3pm to 4:30pm

Venue: Lecture Hall, Hong Kong Space Museum, 10 Salisbury Road, Tsim Sha Tsui, Kowloon (MTR Tsim Sha Tsui Station Exit E)

For enrolment or enquiries about these occupational health talks, please call 2852 4040 or 2361 8240 (for talks organised at the Occupational Safety and Health Centre). Moreover, the LD also provides an outreach health education service and occupational health nurses will, on invitation, disseminate occupational health information at workplaces at a convenient time. Please contact the nursing officer at 2852 4062 for details. All these health talks are free of charge.