Wastewater surveillance system underway

Creating a long-term tracking system for coronavirus levels in the community through wastewater surveillance is now possible as a result of DAERA research funding.

<u>Vaccine programme extended to 60-64</u> <u>year olds</u>

The vaccine programme has been extended to include people aged 60-64.

<u>Weekly Road Report - West End Ward</u> #dundeewestend



DUNDEE CITY COUNCIL - WEEKLY ROAD REPORT

REPORT FOR WEST END WARD - WEEK COMMENCING MONDAY 1 MARCH 2021

Blackness Road (at Rosefield Street) — off-peak temporary traffic lights on Tuesday 2 March for Scottish Water work.

Forthcoming Road Works

West Marketgait (at West Port roundabout) — off-peak northbound nearside lane closure from Wednesday 10 to Sunday 14 March for SSEN work.

Craft It On — an initiative from Feeling Strong



Craft It On is Feeling Strong's latest art project that can be done by young people from the comfort of their own home, designed to promote connectedness and community while lockdown continues.

Young people will be given their own art supplies and a canvas delivered to their door. This canvas will be divided into four squares, and young people will have the task to complete their own square using prompts provided by Feeling Strong Volunteers from Duncan of Jordanstone College of Art & Design.

Once completed, this canvas will be delivered to another young person with a different prompt, visiting a total of four young people. By the end of the project there will be a series of works, and each young person will have made their mark on four of them along with their peers.

At the end there will also be an online exhibition and digital zine for participants as well as the opportunity for them to meet their fellow artists!

If this is something that may be of interest there is a sign-up link here.

Please note that this is open to ages 8-26 and it will be putting young people into groups based on age.

<u>Togetherall - a new mental health and wellbeing support for young people</u>



Register today for FREE

Visit **togetherall.com** for mental health support.

Online Community, Confidential, 24/7.

The three Tayside local authorities, including Dundee City Council, have worked together to help establish safe, anonymous online support 24 hours a day, 7 days a week.

Called Togetherall, it is for young people aged 16 to 24 across Tayside and is a supportive virtual community.

It is estimated that 1 in 4 people will suffer with mental health problems at some point in their lives. Talking about mental health, or just feeling overwhelmed by everyday worries and concerns, can be difficult, especially for young people.

Trained professionals are available 24/7 through Togetherall, which offers a choice of safe therapeutic services, including online self-help courses. This means anyone who may be struggling with mental health, distress or anxiety can get support at a time that suits them. Togetherall has already helped over 200,000 people around the UK and has very positive reviews from current users.

Togetherall is now available free for all 16-24 year olds living in Dundee, simply by visiting www.togetherall.com, click 'Register' and 'My area is registered', and then enter your postcode to gain access.

When someone joins Togetherall as a new user, they create a username that does not identify them in any way, and the service is completely anonymous.