## Forthcoming events from West End Carers #dundeewestend

# IT'S TIME FOR YOU WEST END CARERS!

EVERY MONDAY AT BLACKNESS LIBRARY, 225 PERTH RD, DUNDEE DD2 1EJ

Are you an unpaid carer? Not sure if you are an unpaid carer?

Come along and have a chat with some of the West End Locality Carers Support Team.

#### GROUP SESSIONS WILL FOCUS ON WELL-BEING AND LISTENING TO CARERS' NEEDS.

Programme (All sessions take place from 10.30am - 12.30pm):

- · Mon 6th June Local Planned Walk
- · Mon 13th June Chat & Blether Bits & Bobs (Finishing Projects)
- · Mon 20th June Card Making
- · Mon 27th June Card & Board Games
- . Mon 4th July Guest speaker from Dundee Carers Centre
- . Mon 11th July Glass Painting
- · Mon 18th July Tote Bag Decorating
- · Mon 25th July Reminiscing on Old Dundee
- Mon 1st August Paper Cutting Designs
- Mon 8th August Local Planned Walk
- · Mon 15th August Fire Service/Safety at Home
- Mon 22nd August Chair Yoga
- · Mon 29th August Fun Fitness (suitable for all levels)

If you are not keen on any of the activities above, carers are still welcome to come along for a coffee and a chat (Booking is essential).

Places are limited and booking is essential. If you would like any more information, don't hesitate to contact your West End Carers Support Team:

#### Vickie Carnegie

07770891425 / vickie.carnegie@dundeecarerscentre.org.uk

#### Keren Tait

07768348194 / keren.tait@dundeecarerscentre.org.uk

#### Virginia Kerr

07515067075 / virginia.kerr@dundeecarerscentre.org.uk



Charity no. SC024115. Company no. SC160754.



## Dundee Art Society Summer Exhibition #dundeewestend





## Summer Exhibition Art & Craft Sale

Paintings, drawings, cards and crafts

Invited artist - Kate Cunningham - Scottish Artist and art tutor fascinated by vast stormy skies and seas will display some of her work and open the show.









#### Saturday 4th - 11th June

Gallery Opening Times 11 a.m.-5 p.m.

(Gallery and Virtual Tour)

### ROSEANGLE GALLERY 17 ROSEANGLE, DUNDEE

(Current Covid 19 Guidelines to be observed)

www.dundeeartsociety.co.uk

Scottish Charity No. SC002588 SCIO



### <u>Victoria Gardens Big Lunch - all</u> <u>welcome! #dundeewestend</u>



BRING A
PICNIC AND
SHARE FOOD
WITH ALL
THE
COMMUNITY.

FREE EVENT, CAKE, TEAS AND COFFE WILL BE PROVIDED.

## BIG LUNCH FOR THE COMMUNITY



JUNE 4TH 12 PM -3 PM

### **VICTORIA GARDENS**

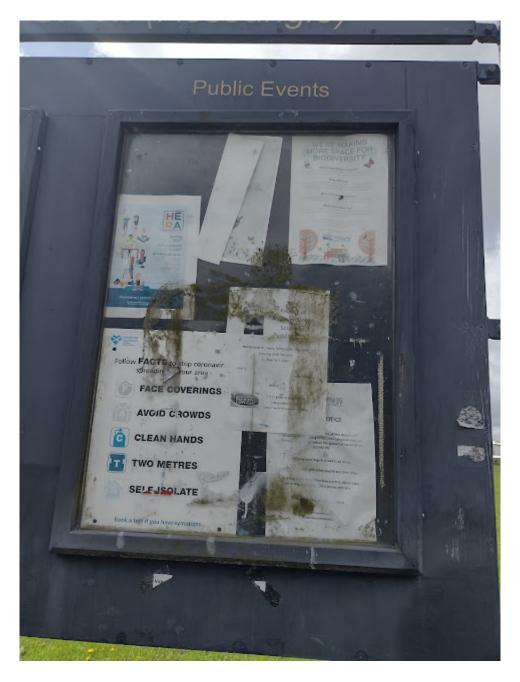
301 BLACKNESS RD, DUNDEE, DD2 2HB



FOR MORE INFORMATION, SEND US A MESSAGE ON FB

#### <u>Getting things done - Magdalen Green</u> #dundeewestend

Residents recently highlighted to us that the notice boards on Magdalen Green badly need cleaned and also really ancient out of date notices (eg evening classes spring 2021!) need removed. See photo below:



We raised this with the council's Head of Environment who has promised this will be attended to.

### Old Photographs of England at Leisure

Take a look at some of our favourite holiday photos from the Historic England Archive.