

# Sunday in the Garden #dundeewestend

From Ninewells Community Garden :



A week on Sunday – 20th January 2019 – from 10am to 12 noon.

Beat the January blues and pop down to the garden!

Some seasonal gardening tasks will be on offer, or just sit back and watch the birds from the comfort of the Leaf Room.

We welcome new volunteers and no experience is necessary.

More information about the garden is available [here](#).

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## Harris Education and Recreation Association – enrolment



Harris Education & Recreation Association

The Harris Education and Recreation Association Spring 2019 classes enrolment takes place on Wednesday 16th January – 6pm to 7.30pm – at Harris Academy.

Further details are below :

## PILATES

£30

Pilates with All Henderson is a fabulous full body workout. Gentle enough to be suitable for all ages and abilities, yet effective in strengthening the core and aiding flexibility & balance. Improve your posture, ease your niggly back and boost your overall well-being. *Bring your own mat.*

## JEWELLERY

£61

Create jewellery in this basic class with Shirley Lowe, using found objects & beads and cold connections made from wire. Simple techniques will be covered each week. *All tools, wire & beads plus printed instruction sheets are included. Bring along your own objects if you wish & a notebook to jot down ideas/designs.*

## CROCHET

£39

Enjoy Ellie Fiddes' course covering all crochet basics for learners to work at their own rate. You will progress to your own project with expert tutor support on hand. This class provides a flexible framework for both complete beginners & those wanting to improve their existing skills. *Includes resources.*

## DRESSMAKING £51

Have your sewing machine skills become a little rusty or you'd like to learn a new technique? As a dressmaker for nearly 30 yrs, Ruth Alexander will guide you on to projects from a tangle of threads to the perfect fit. *Basic resources provided. Bring your own sewing kit and machine.*

## PHOTOGRAPHY

£53

Arran Sulley will help beginners to take their images to the next level. No need for fancy cameras: dslr, point & shoot and phones are all welcome. Topics include: aperture & shutter priority, tripods, low light & studio lighting. The class is very informal with an opportunity for a small exhibition at the end of the course. *Bring your own flowers.*

## FLOWER ARRANGING £41

Paul McFawns, of Olly Bobbins florists, has over 10yrs experience in the trade. In these beginners' classes he will share his expertise to help and guide you to develop the skill to make a buttonhole and a hand tied bouquet amongst other Spring floral delights. *Bring your own flowers.*

## CONVERSATIONAL GERMAN £51

Tutor Lynne Topping has many years experience of teaching adult evening classes in German, both at the University of Dundee & elsewhere. Classes are informal, based on paired group conversations. Topics covered include: Food, Self & family, daily routine, socialising & travel. *Bring a pen and paper.*

## DRAWING & PAINTING £51

Learn drawing & painting with local artist Rod Smith in a relaxed, supportive and sociable atmosphere - at your own pace - to background music. Create landscape, portrait or still life paintings to take home. Enjoy meeting visiting artists, demos and discussions too. *Bring your own materials.*



## NOTES

- \* Classes will run at Harris Academy
- \* Disabled access to all classes
- \* Fees non-refundable
- \* Minimum age 16/18 applies
- \* Classes subject to minimum numbers
- \* Please do not contact the school

Contacts & info at:

[heradundee@outlook.com](mailto:heradundee@outlook.com)

07565 951612

[www.heradundee.wordpress.com](http://www.heradundee.wordpress.com)

## DATES/TIMES

Classes run Wednesdays 6.30 - 8.30pm  
8 wks: 6<sup>th</sup> February - 27<sup>th</sup> March 2019.  
Flower Arranging not running on  
13<sup>th</sup> February & 27<sup>th</sup> March (6 wk block).

Pilates runs at Blackness Library.  
10 wks: 23<sup>rd</sup> January - 27<sup>th</sup> March 2019  
Two classes: 5 - 5.45pm & 6 - 6.45pm

# Recycle your Christmas Tree!

From the City Council :



♻️ If you have a real Christmas Tree remember to recycle it! ♻️

You can take it to your nearest Recycling Centre or the council can collect it for you.

To arrange for the council to pick up your tree or to find your nearest Recycling Centre click [here](#).

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## [West End Surgeries #dundeewestend](#)

With the Christmas school holidays now over, it is back to West End Ward surgeries this coming week. My Mitchell Street Centre and Harris Academy surgeries take place tomorrow.

My full surgery details are below – although I can also be contacted via [esurgery@frasermacpherson.org.uk](mailto:esurgery@frasermacpherson.org.uk) or phone me at home on 459378 anytime :

## DUNDEE CITY COUNCIL

### COUNCILLOR'S SURGERIES

## WEST END WARD

### Cllr Fraser Macpherson

can be contacted at his constituents' surgery

**Mitchell Street Centre**  
(The Base) Mitchell Street  
Mondays 4.20pm (prompt)  
(except school holidays)

**Harris Academy**  
Perth Road  
(Main Reception Area)  
Mondays 4.50pm (prompt)  
(except school holidays)

**Blackness Primary School**  
(Staff Room on ground floor)  
Pennycook Lane  
Thursdays 6.15pm (prompt)  
(except school holidays)



To arrange a home visit, information or advice  
call number as shown below



Alternatively, Cllr Macpherson can be reached  
at home by telephoning 459378  
or at the City Chambers on 434985  
or e.mail: [fraser.macpherson@dundee.gov.uk](mailto:fraser.macpherson@dundee.gov.uk)

 [@dundeewestend](https://twitter.com/dundeewestend)  [www.facebook.com/dundeewestend](https://www.facebook.com/dundeewestend)

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**[Latest news from Friends of Wighton!](#)**



Come along to the Wighton Centre in the Central Library on Saturday morning to celebrate with Shamblestone as they reveal their first ever EP.

Doors open from 10.30am so wander in early for a cup of tea or coffee. Tickets £5 (on the door) – it will be a thoroughly enjoyable event and all welcome!