

## [‘Breathe in, Breathe out’ – a soundscape](#)

Experience a new sound installation, ‘Breathe in, Breathe out’, in the Sir John Ritblat Treasures Gallery at the British Library. The project looks at the positive effects of sound on well-being and relaxation. It is the first in a series of new initiatives in the Treasures Gallery, exploring innovative ways...

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## [Recording of the week: 40 Days and 40 Nights](#)

Photo by Elias Maurer on Unsplash. Three years ago the UK was emerging from the first of its three national lockdowns, imposed by the government in an effort to curtail the spread of Covid-19. In March 2020, BBC Radio 4’s PM programme launched Covid Chronicles, inviting listeners to submit accounts...

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## [Recording of the week: Cycling](#)

Photo by Keswick Sportive, used under CC 2.0 licence. The BBC made their final recordings for The Listening Project last year, and we are currently in the process of adding these to the British Library collections. With over 2,000 conversations recorded over 10 years, the archive is a real treasure...

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## [Recording of the Week: Flamenco runs in the blood](#)

Dr Alejandro Martínez was a London-based GP with a passion for flamenco. An amateur guitarist himself, he was well connected within the professional scene and counted among his friends some of the greatest singers (cantaores), guitarists (tocaores) and dancers (bailaores) of the 1950s and 1960s. Many of

these flamenco stars...

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## [Recording of the week: 'Who goes down Euston Road?' 50 years of British Library memories](#)

Aerial view of the British Library, St Pancras. Photo by Sam Lane Photography. This month, the British Library celebrates its 50th anniversary. Brought into being by the British Library Act 1972, the Library was established on the 1 July 1973. Ten years later, the British Institute of Recorded Sound was...