

# An update from Dial-OP and GO



Dial-OP & GO is here to support the community during these challenging times.

Its commitment remains to:

- operate as an information resource on support locally available and
- ensure the most vulnerable in our communities don't feel disconnected and isolated.

Through the Information Line, Dial-OP holds an internal up to date list of local organisations and agencies that can help during this uncertain time. If you have any questions or concerns, please phone the Dial-OP Helpline regarding any enquiry about current services relating to your wellbeing including shopping, food provision, collecting prescriptions, befriending and morning calls, etc.

The call handlers will provide organisations and the general public with the most up to date information and will signpost or arrange onward referral to the relevant services. You can email [dialop@dvva.scot](mailto:dialop@dvva.scot) or call 01382 305757, Monday to Friday, 9am to 5pm.

For referrals to Dial-OP Blether Buddies (weekly friendly chat) and Dial-OP Morning (short, daily welfare check between 8:00am and 10:00am, Monday to Friday), email [dialop@dvva.scot](mailto:dialop@dvva.scot) or download it from [our website](#) and we will arrange a companionship and/or welfare calls.

Please note that Dial-OP Information Line does not provide advice or advocacy, but signposting opportunities and onward referral to relevant services.

Dial-OP Blether Buddies and Morning Call are not a counselling or crisis service, but able to link folks with friendly telephone buddies to speak to for up to 30 minutes once a week, or morning callers who check in with them to make sure they are well. Emergency Contact and/or Next of Kin is required on referral for non-response scenarios.