## <u>Alzheimer Scotland regular online</u> events for Dundee

## What's Online Dundee





**AlzheimerScotlandDundeeDementiaResourceCentre** 

## **Community Activities**

Online community activities contact RMoncur@Alzscot.org or 07585 700902

Digital Activity	When	Time
Tuesday Trivia Quiz	Tuesday	2pm
Chair Exercises	Wednesday	11am
Football Memories	Wednesday	2pm
Tea and Blether	Thursday	2pm
Dog Bingo	Last Friday of month	11am
Music and Memories	Friday	1pm/2.30pm

## **Dementia Advisor Activities**

Dementia Advisor contact wrankin@alzscot.org or 01382 210012 or JeniSinclair@Alzscot.org or 01382 210016

Digital Activity	When	Time
Virtual Café	Monday	10.30am
Virtual Café	Tuesday	10.30am
Carers Support	Last Wednesday of the month	2.30pm
1:1 Surgeries	2nd Thursday of the month	2pm
1:1 Surgeries	3rd Wednesday of the month	10am

To support Alzheimer Scotland Tayside please consider donating via our Justgiving page: www.justgiving.com/fundraising/DundeePerthandAngus