

Alzheimer Scotland regular online events for Dundee

What's Online Dundee



 AlzheimerScotlandDundeeDementiaResourceCentre

Community Activities

Online community activities contact RMoncur@Alzscot.org or 07585 700902

| Digital Activity | When | Time |
|---------------------|----------------------|------------|
| Tuesday Trivia Quiz | Tuesday | 2pm |
| Chair Exercises | Wednesday | 11am |
| Football Memories | Wednesday | 2pm |
| Tea and Blether | Thursday | 2pm |
| Dog Bingo | Last Friday of month | 11am |
| Music and Memories | Friday | 1pm/2.30pm |

Dementia Advisor Activities

Dementia Advisor contact wrankin@alzscot.org or 01382 210012
or JeniSinclair@Alzscot.org or 01382 210016

| Digital Activity | When | Time |
|------------------|-----------------------------|---------|
| Virtual Café | Monday | 10.30am |
| Virtual Café | Tuesday | 10.30am |
| Carers Support | Last Wednesday of the month | 2.30pm |
| 1:1 Surgeries | 2nd Thursday of the month | 2pm |
| 1:1 Surgeries | 3rd Wednesday of the month | 10am |

To support Alzheimer Scotland Tayside please consider donating via our Justgiving page:
www.justgiving.com/fundraising/DundeePerthandAngus