

[Adults and Tots Dance – every Monday!](#)
[#dundeewestend](#)

GROOVE WITH GOGA

ADULT & TOTS DANCE

Get Out
Get Active
TAYSIDE

with Carolyn
Logie & St. Johns Church,
Shaftesbury Terrace, Dundee
Mondays @ 9.30am



- ✓ Bring your little ones along and join in with the fun, choreographed dance routines together
- ✓ Suitable for all abilities - we can adapt movements so everyone can take part!
- ✓ A fun way to get all the family moving!

All of our activities are **FUN, FREE & SUITABLE FOR ALL ABILITIES**



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