

11 DHC Expresses commence services in phases within October

The Food and Health Bureau has announced that the District Health Centre (DHC) Expresses in North District and Islands District have commenced services today (October 18). In addition to the Sai Kung, Kowloon City, Yau Tsim Mong and Wan Chai DHC Expresses that commenced services earlier, there are so far altogether six DHC Expresses and two DHCs, located in Sham Shui Po and Kwai Tsing, in the city to provide a variety of relevant government subsidised primary healthcare services for the public.

In a bid to shift the emphasis of the present healthcare system and mindset from treatment-oriented to prevention-focused, the Government aims to set up DHCs in seven districts and interim DHC Expresses, which are of a smaller scale, in 11 districts during the term of the current Government, with a view to providing prevention-focused primary healthcare services across the 18 districts in Hong Kong.

The DHCs and DHC Expresses, subsidised by the Government and run by non-governmental organisations, play a vital role in the healthcare system. Like the DHCs, the DHC Expresses provide district-based services and offer primary healthcare services on different levels to residents and workers in the districts, thus enabling them to receive timely care and services. Apart from a DHC Express Core Centre, service points will be set up for the public's convenience according to needs.

To enhance the public's capability in self-management of health and provide support for the chronically ill, the DHC Expresses will provide disease prevention services on primary, secondary and tertiary levels, including health promotion and education for the public for reducing and preventing chronic diseases. Health risk factors assessment or screening will also be offered to people with health risks for early intervention and subsequent chronic disease management, so as to help them prevent health deterioration. Furthermore, DHC Express serves as a district health resource hub that links local service providers of various aspects of primary healthcare services, such as family doctors and Chinese medicine practitioners in the community. Through this measure, a local healthcare network will be established to provide residents with the services like health promotion, disease prevention, disease management and rehabilitation support. The DHC Expresses are proactively recruiting persons who are residing or working in the districts to become members to enjoy the relevant services.

The remaining five DHC Expresses located in Kwun Tong, Tai Po, Central and Western District, Eastern District and Sha Tin will commence services in phases in late October. Information of the 11 DHC Expresses is as follows:

District	Address	Telephone number
Kowloon City	G/F, Bayview, 9 Yuk Yat Street, To Kwa Wan, Kowloon	2338 3211
Yau Tsim Mong	Unit 1216-1219, 12/F, Pioneer Centre, 750 Nathan Road, Prince Edward, Kowloon	2338 8246
Kwun Tong (to commence service in late October)	4/F, Block J, United Christian Hospital, 130 Hip Wo Street, Kwun Tong, Kowloon	3188 0301
Wan Chai	16/F, Congregation House, 119 Leighton Road, Causeway Bay, Hong Kong	3751 5768
Central and Western District (to commence service in late October)	Room 1801, 18/F, Hong Kong Plaza, 188 Connaught Road West, Hong Kong	2634 0290
Eastern District (to commence service in late October)	Unit 1209, 12/F, Prosperity Millennia Plaza, 663 King's Road, North Point, Hong Kong	2634 0778
North District	Room 901, Spot, 48 Lung Sum Avenue, Sheung Shui, New Territories	2511 6000
Sai Kung	Unit 311-312 and 325-326, Po Ning House, Po Lam Estate, Tseung Kwan O, New Territories	2701 3407
Islands	G/F, Block B, DD3 Lot 2536, Ha Ling Pei, Tung Chung, Lantau, New Territories	2556 5338
Sha Tin (to commence service in late October)	Unit 1520, Level 15, Tower II, Grand Central Plaza, 138 Sha Tin Rural Committee Road, Sha Tin, New Territories	2634 0760
Tai Po (to commence service in late October)	Shop Nos. F115-116, 1/F, Fu Shin Shopping Centre, 12 On Po Road, Tai Po, New Territories	2468 2268

For details of the DHCs and DHC Expresses, please browse the following website: www.dhc.gov.hk or call the respective DHC or DHC Express direct.